



Healthier happens together[®]

Benefits designed for your needs

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Account Manager

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ANNE ARUNDEL
COUNTY
MARYLAND

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

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Agenda

- Plan offerings
- Member tools
- Gennev
- Hinge Health
- Teladoc
- Next Steps
- Q&A

Plans

you can count on

PPO

Preventive care

Deductible

Coinsurance

Annual out-of-pocket maximum

Office visit

Specialist office visit

Urgent care

Walk-in clinic*

Teladoc® services (phone/video)

Emergency room

X-rays, complex imaging

*CVS Minute Clinic

In-network care

Out-of-network care

100%, deductible waived

30% after deductible

\$125 Individual / \$250 Family

\$500 Individual / \$1,000 Family

5%

5%

\$500 Individual / \$1,000 Family

\$1,500 Individual / \$3,000 Family

\$15 copay

30% after deductible

\$35 copay

30% after deductible

\$35 copay

\$35 copay

100%, deductible waived

30% after deductible

\$15 copay / \$35 copay

Not applicable

\$75 copay, waived if admitted

\$75 copay, waived if admitted

5% after deductible

5% after deductible

HMO-EPO

Preventive care

Deductible

Coinsurance

Annual out-of-pocket maximum

Office visit

Specialist office visit

Urgent care

Walk-in clinic*

Teladoc® services

Emergency room

X-rays, complex imaging

*CVS Minute Clinic

In-network care only

100%, deductible waived

\$100 Individual / \$200 Family

100%

\$1,100 Individual / \$3,600 Family

\$15 copay

\$15 copay

\$35 copay

100%, deductible waived

\$15 copay

\$75 copay, waived if admitted

100% after deductible



Support on your terms

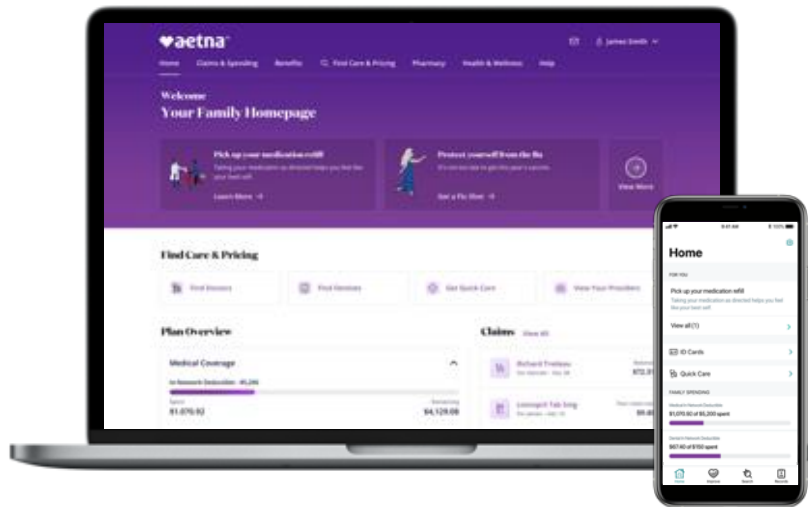
the information you need, when you need it

Take charge of your health care

with the Aetna® member website and the Aetna Health™ app

Find everything you need, all in one place

Set up your account to manage your benefits and more at home or on the go.



Download the
Aetna Health app

Just visit **Aetna.com** to create an account
and log in to your member website.

App screens are a composite of real situations.
All names and other identifying information are fictional.

A smarter, simpler, more convenient way to take charge of your health care and benefits



Manage your plan

- Check your plan summary for detailed information on what's covered by your plan.
- Track your spending and understand your progress toward meeting your individual and family deductibles.
- Easily access your digital ID card anytime.



Connect to care

- Use tools to help you choose quality, in-network and local providers, pharmacies and facilities, including convenient retail clinics and urgent care.
- Get cost estimates for visits and procedures before getting care.
- Talk to a doctor anytime by phone or video chat from home.



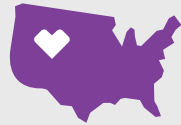
Improve your health

- Receive personalized reminders to improve your health.

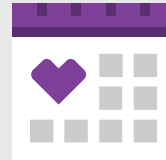
24/7 access to a doctor by phone or video



Talk to a doctor
from your home*



Available
anytime, anywhere**



\$35 or less
per visit

*Teladoc can answer questions about the virus, assess your risk, and provide support to help relieve symptoms.
Due to COVID-19, the need for our care has never been greater and wait times can be a few hours.

**Idaho is video only; Arkansas and Delaware require video for first visit every 24 months.

Optional for self-funded plans.

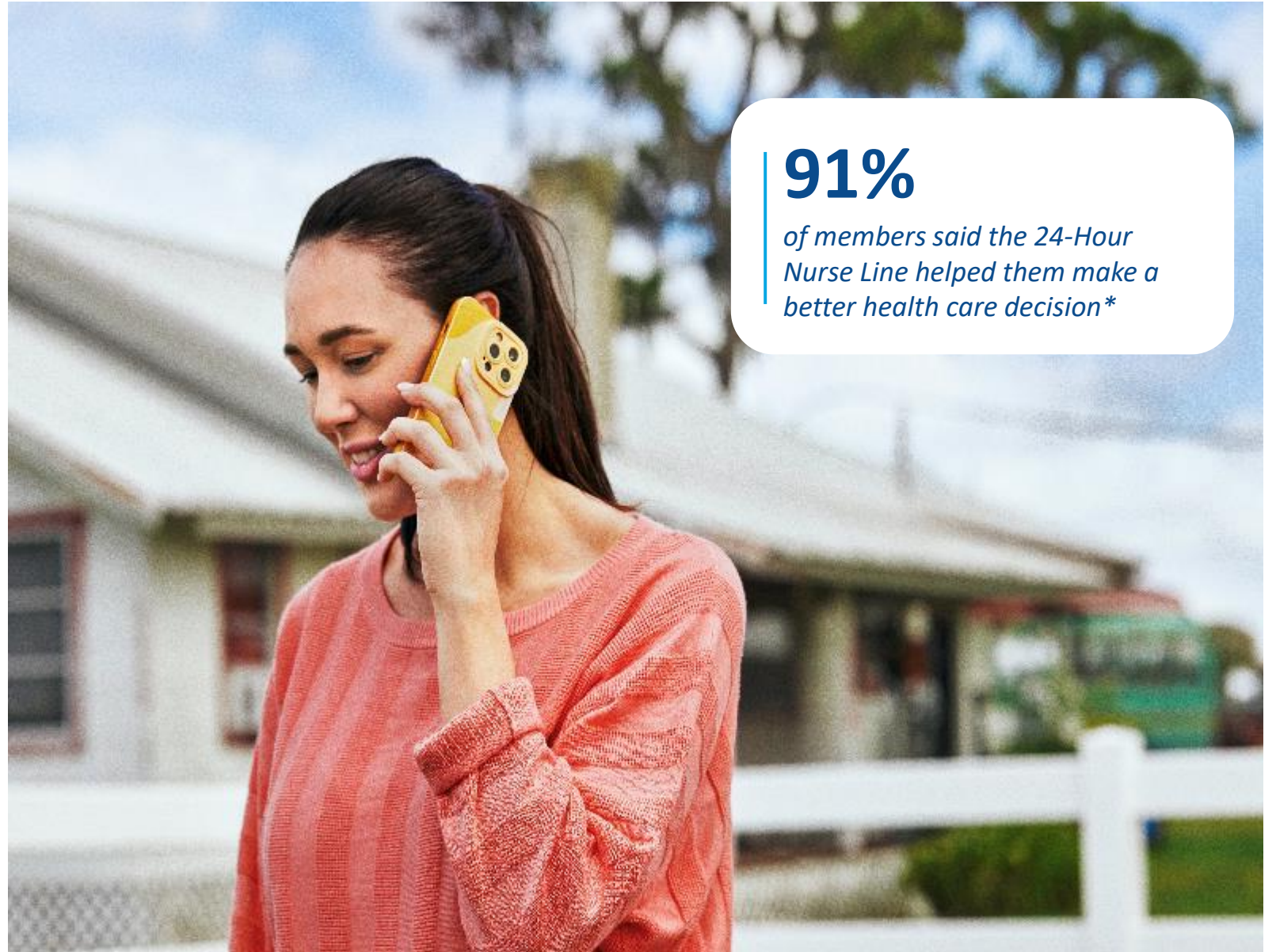
Talk to a doctor
anytime,
anywhere, with
Teladoc

24-Hour Nurse Line

Health information is a
phone call away

- Get information on a wide range of health and wellness topics
- Make better health care decisions
- Find out more about a medical test or procedure
- Get help preparing for a visit to your doctor
- Receive emails with links to videos related to your question or topic
- The 24-hour Nurse Line can be reached at 1-800-556-1555

*Informed Health® Line 2022 Member Satisfaction Survey.



91%

*of members said the 24-Hour
Nurse Line helped them make a
better health care decision**



—
Helping to
manage your care
—

Who is Gennev? — The nation's largest virtual menopause clinic led by board-certified OB.GYNs and Registered Dietitian Nutritionists.

- Treatment plans to relieve symptoms of menopause
- Integrated care model
- Entirely virtual



89% of patients report symptom relief after their first visit.



Get started today

Visit [gennev.com](https://www.gennev.com) to be connected with an OB/GYN or contact Gennev's Care Team at insurance@gennev.com.

*Our maternity program and support teams do not diagnose or treat members. We assist you in getting the care you need, and our program is not a substitute for the medical treatment and/or instructions provided by your health care providers.

A large purple graphic with a white heart shape in the upper right corner. The word "Gennev" is written in white, bold, sans-serif font. Below it is a thin white horizontal line. At the bottom, the text "Relief from menopause discomfort" is written in white, sans-serif font.

Gennev

Relief from menopause discomfort

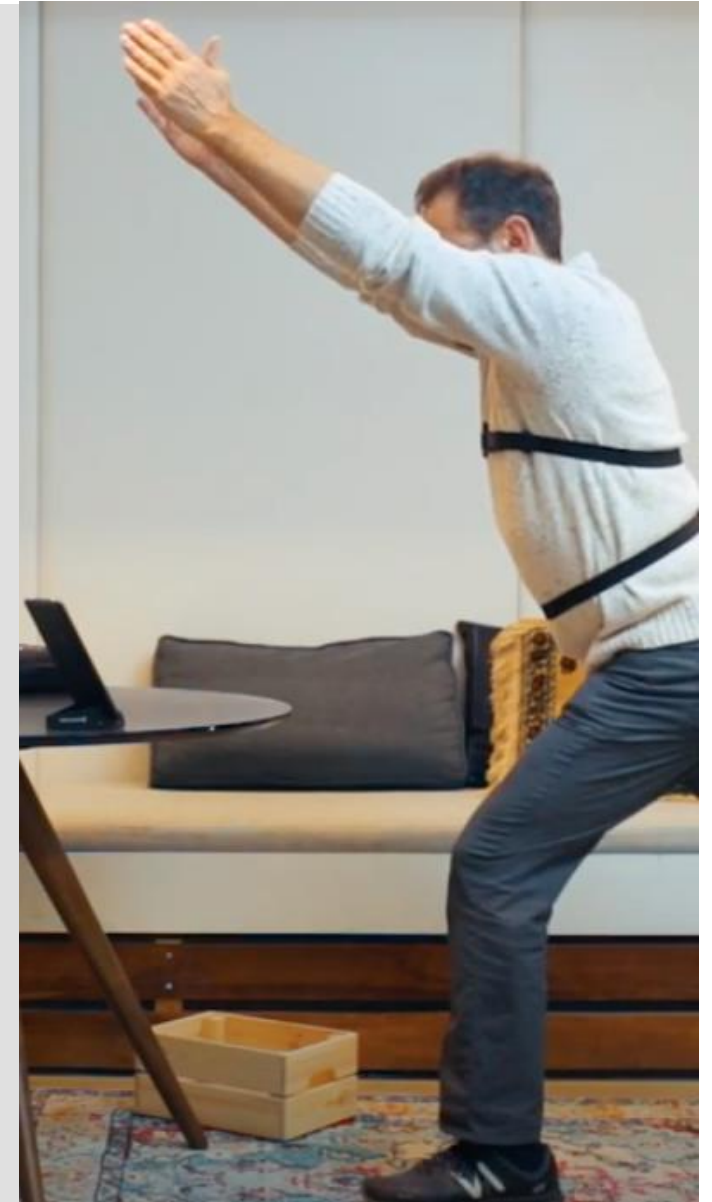
Identifying members earlier, with support every step of the way



Aetna® Back and Joint Care

combines Hinge Health digital exercise therapy programs and Aetna Clinical Care management and predictive analytics assets with new capabilities for a differentiated product to lower costs and improve outcomes to:

- Reduce unnecessary surgeries
- Effectively manage chronic pain
- Help avoid common musculoskeletal (MSK) injuries
- Increase targeted utilization through predictive analytics
- Improve productivity with fewer lost workdays



Get low cost/no-cost care* at MinuteClinic® locations

Access convenient, local care

at MinuteClinic locations inside select CVS Pharmacies® and virtually.

Find help when you need it, including nights and weekends.

Get the care you deserve, without the high out-of-pocket costs.

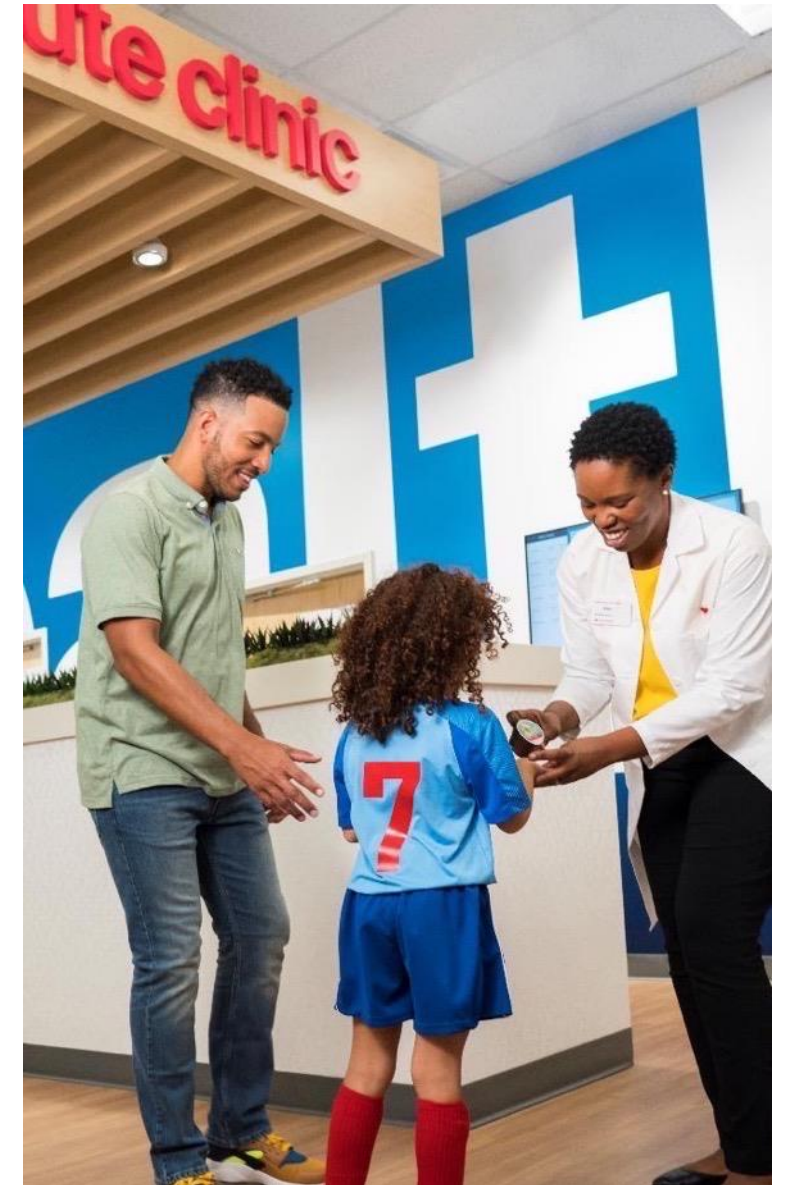
* Includes select MinuteClinic® services. Not all MinuteClinic services are covered. Please consult benefit documents to confirm which services are included. Members enrolled in qualified high-deductible health plans must meet their deductible before receiving covered non-preventive MinuteClinic services at no cost-share. However, such services are covered at negotiated contract rates. This benefit is not available in all states or on indemnity plans.

MinuteClinic services

- Minor illnesses and injuries, like allergies, ear infections, flu-like symptoms, bug bites, stings and more
- Skin conditions
- Wellness and preventive care services
- Screenings and monitoring
- Vaccinations and injections
- Women’s and men’s health services
- Point of care lab testing

MinuteClinic providers can also write prescriptions, when medically appropriate.

For your best health, we encourage you to have a relationship with a primary care physician or other doctors. Tell them about your visit to MinuteClinic, or MinuteClinic can send a summary of your visit directly to them.



Next steps

for you and your family



What can you do during open enrollment?

1

Add or remove eligible dependents

2

Enroll or waive enrollment in many benefits plans

3

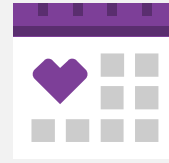
Change benefits plans

Don't miss out
Key enrollment information you should know

Open enrollment is
10/1/24-10/31/24

Remember, you won't have the chance to enroll in your benefits plans again until the next annual enrollment period, unless you have a qualifying event during the year.

Count on us to:



The new plan year starts
January 1st



Contact the Anne Arundel County Benefits Team:

410-222-7400

Benefits_team@aacounty.org



Keep you informed
via your dedicated microsite:

AAcounty.aetna.com



Answer your questions through
your member website or by phone
at

1-855-222-2774



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Q&A
—

Thank you!

This material is for information only. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.

Discounts for non-covered dental services may not be available in all states. Providers participating in the Aetna Vision network are contracted through EyeMed Vision Care, LLC. EyeMed and Aetna are independent contractors and not employees or agents of each other. Participating vision providers are credentialed by and subject to the credentialing requirements of EyeMed. Aetna does not provide medical/vision care or treatment and is not responsible for outcomes. Aetna does not guarantee access to vision care services or access to specific vision care providers and provider network composition is subject to change without notice. Vision insurance plans contain exclusions and limitations. Not all vision services are covered.

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Health benefits and health insurance plans contain exclusions and limitations.

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For more information about Aetna plans, refer to [Aetna.com](https://www.aetna.com).

Policy forms issued in Idaho by Aetna Health of Utah Inc. include: HI ID GrpAg 05, HI SG HGrpAg 03.

Policy forms issued in Idaho by Aetna Life Insurance Company include: GR-29/GR-29N, AL HGrpPol 05, AL HGrpPol-Vision 01.

Policy forms issued in Oklahoma include: AL COC00010, HC COC00010, AL-HCOC-Dental PPO 04, AL HCOC-Dental CD04,AL HCOC Vision AVP01.

Policy forms issued in Missouri include: AL HGrpPol 01R5, HI HGrpAg 05, HO HgrpPol 04, AL HGrpPol-Vision 01, AL HGrpPol-Dental 01, DM HGrpAG-Dental 02.