

2024-2025 Men's 50 & Over League Basketball Rules

All leagues are governed by the Anne Arundel County Recreation and Parks Guidelines and Reference Manual which is available online at:

<http://www.aacounty.org/RecParks/policies>

****Team Captains/Coaches are responsible for the conduct of their players, and are responsible for all players knowing the rules and regulations of this adult league****

- 1. LEAGUE RULES:** All leagues will be played by **NCAA** rules with the below exceptions.
- 2. REFEREE FEES:** Each team must pay the referees **\$44** per game prior to the game starting.
- 3. GENERAL LEAGUE INFORMATION:**
 - a. All players must have the same color shirts with at least an 8" number on the back of all jerseys.**
 - b. All players must be 50 years old by the start of the season. [See exception.](#)**
 - c. [Exception To Age Requirement:](#) Effective 10/17/23 each team will be allowed to have one (1) 49 year old player on their team rosters. [This player must be 49 years old before the season ends.](#)**
 - d. A [15 MINUTE GRACE PERIOD](#) will be given for the first game of the day/night. Forfeit time for all other games is the scheduled time.**

- e. The forfeiting team must pay **Both Referee's** fees before the start of their next game. Failure to pay forfeit fees will result in suspension from the league.
- f. A team that forfeits two (2) games is could be suspended or disqualification from the league.
- g. **Game Time will be two 20 minute halves with running clock.**
 - a. **Stop clock last 1 minute of 1st half and last 1 minute of 2nd half (Unless 10 pts. or more difference). Two-minute stopped clock overtimes.**
 - b. **5 SECOND RULE:** In the game, because of the running clock and a shot clock not being used, if a player is closely guarded, they must start dribbling, passing the ball or attempting a shot within five seconds. Upon violation of this rule, an inbound pass is awarded to the opposing team.
- h. **TIME OUTS PER GAME:** Four (4) time outs per team per game. **All time outs will be 30 second timeouts.**
- i. A team should consist of 5 players, but may start with 4 players. A team must have 4 players on the court at all times.
Exception: Three players are allowed if a player cannot continue due to an injury or he/she has fouled out of the game. Each player on the roster must be 50 years old by the last day of the season.
- j. **TEAM ROSTERS:** Team Rosters are unlimited for the 50 & Over leagues. **Teams may add/drop players up until the deadline for adding players. Team Rosters must be typed using the online roster and signed by each player for them to be eligible to participate.**
- k. **TEAM ROSTERS** are to be turned in prior to your first game. Players can be added through the first six (6) games.
- l. By their regulations, the officials are not allowed to referee games that have been forfeited for a lack of players.
- m. Substitutions can be made following a made basket. Players must be at the score table.
- n. **SCHOOLS CLOSED:** When schools are closed due to inclement weather or the Anne Arundel County Snow Emergency Plan is in effect one (1) hour prior to the first game, games will be canceled.

4. DISPUTES AND DISCIPLINARY ISSUES:

- a. The Gym Supervisor will handle on court disputes.
- b. Sports Supervisor, Baer Chandler, will handle protests and disciplinary problems.

5. PROBATIONARY STATUS: UPDATED 3/7/2025

Any team that creates a disruption of a game, at the Sport's Supervisor's discretion, will be subject to a 2-week Probationary Period. During the 2-week Probationary Period if your team gets 2 technical fouls during the game, for ANY reason, the game will be stopped and the balance of the game will be forfeited/cancelled and the game will be over. This could result in additional weeks being added to the Probationary Period to include disqualification from the remainder of the season/league.

6. SUSPENSIONS:

- a. Any player or coach who initiates any type of physical confrontation/contact with an official will be suspended automatically from **ALL** County-sponsored sports for a **MINIMUM** period of two (2) years.
- b. Players ejected for unsportsmanlike conduct will be suspended from play for a minimum of two weeks from all leagues.
- c. Players ejected for fighting will be suspended for a period of one (1) year.

7. STANDINGS/TIE BREAKING PROCEDURES:

- d. All games scores and league standings will be posted on the Recreation and Parks website. Your final league placement is determined by the number of teams ahead of you. If two (2) teams are tied for a position, then a position will be removed. (i.e. if your finish behind two (2) teams tied for first place you are in third place not second place.
- e. In the event that a team drops from the league during the regular season, a win will be placed in the standings for the team(s) that was scheduled to play the dropped team.
- f. If there is a tie (2 teams, 3 teams or more), the following will be the order using tiebreakers:

- 1. First Tie Breaker: Head-to Head win/loss record.**
(Whichever team won when the teams played each other during the season is the winner).
- 2. Second Tie Breaker: Points Differential for all tied teams.**
Total points scored minus total points allowed.
- 3. Third Tie Breaker: Total Points Allowed during the entire season.**
- 4. Coin Flip**

Updated 3/7/25