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# Anne Arundel County Youth Soccer Rules <br> Revised March 2024 

## SPORTSMANSHIP - BEFORE, DURING AND AFTER THE GAME!

The following rules apply to all Anne Arundel County Spring/Fall youth soccer games and are in compliance with the Recreation and Parks Department Guidelines and Reference Manual.

Anne Arundel County combines the laws of the game as outlined in; National Federation High School (NFHS) soccer rules, and the Federal International Football Association (FIFA) rules. These are available at the following locations:

NFHS: https://www.nfhs.org/activities-sports/soccer/
FIFA: https://digitalhub.fifa.com/m/5371a6dcc42fbb44/original/d6g1medsi8jrrd3e4imp-pdf.pdf

Throughout this document, references are made to "coaches"; this includes both the head coach and assistant coach(s) of each team (unless otherwise indicated.)

## 1) TOBACCO, DRUG AND ALCOHOL PROHIBITION

a) No drugs, alcohol, or tobacco products including e-cigarettes and/or vaporizers of any kind are permitted in or on any Board of Education owned or leased buildings or grounds at any time.
b) No drugs, alcohol, or tobacco products including e-cigarettes and/or vaporizers of any kind are permitted in or on any $\mathrm{R} \& \mathrm{P}$ buildings or grounds at any time.
c) No drugs, alcohol, or tobacco products including e-cigarettes and/or vaporizers of any kind is permitted in restrooms, spectator and concession areas, dog parks, aquatic facilities or playgrounds in any R \& P recreational facility or park. Tobacco use of any kind is prohibited within 100 yards of an organized activity at a $R$ \& $P$ recreational facility or park. An organized activity is defined as an event with a defined start and end time that is held in a designated or permitted area. Examples of organized activities include athletic events, concerts, etc.

## 2) PARTICIPATION AND ELIGIBILITY

a) Girls may play in the boys' program, but boys may not compete in the girls' program.
b) The age group a player can participate in is based on his/her birth date. Use the age matrix below when determining player eligibility.

|  | $2023-F$ | $2024-F$ | $2025-F$ | $2026-F$ | $2027-F$ | $2028-F$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | $2024-\mathrm{S}$ | $2025-\mathrm{S}$ | $2026-\mathrm{S}$ | $2027-\mathrm{S}$ | $2028-\mathrm{S}$ | $2029-\mathrm{S}$ |
| 2021 |  |  |  |  |  | U8 |
| 2020 |  |  |  |  | U8 | U9 |
| 2019 |  |  |  | U8 | U9 | U10 |
| 2018 |  |  | U8 | U9 | U10 | U11 |
| 2017 |  | U8 | U9 | U10 | U11 | U12 |
| 2016 | U8 | U9 | U10 | U11 | U12 | U13 |
| 2015 | U9 | U10 | U11 | U12 | U13 | U14 |
| 2014 | U10 | U11 | U12 | U13 | U14 | U15 |
| 2013 | U11 | U12 | U13 | U14 | U15 | U16 |
| 2012 | U12 | U13 | U14 | U15 | U16 | U17 |
| 2011 | U13 | U14 | U15 | U16 | U17 | U18 |
| 2010 | U14 | U15 | U16 | U17 | U18 | U19 |
| 2009 | U15 | U16 | U17 | U18 | U19 |  |
| 2008 | U16 | U17 | U18 | U19 |  |  |
| 2007 | U17 | U18 | U19 |  |  |  |
| 2006 | U18 | U19 |  |  |  |  |
| 2005 | U19 |  |  |  |  |  |
| 2004 |  |  |  |  |  |  |

c) Public, private, parochial, and/or home-schooled high school (HS) students who play (participate and/or are on the roster) on a fall HS soccer team are not eligible to play on an AACO team in the fall season. HS students who play on a fall HS team ARE permitted to participate in the spring season. In addition, youths who are no longer in high school ARE NOT permitted to play on a U18 team.
d) Players may only be on the roster of one team playing within the league during a season. Players ARE permitted to be on the roster of an AACO team and a "travel" (EDP, CMSSL, CMSA, NCSL, etc.) team in the same season.
3) LEVELS OF PLAY - Divisions will be established, by skill level, to accommodate all teams participating.
a) DIVISION 1 is highly competitive, composed of experienced and skilled players. Teams are usually selected by tryout or skill comparisons by the sponsoring community organizations. Coaches are required to play each player on the team at least $25 \%$ of the total game time.
b) DIVISION 2 is not as competitive as Division 1, yet participants are skilled and experienced. Coaches are required to play each player on the team at least $50 \%$ of the total game time.
c) DIVISION 3+ are primarily designed for recreational players and should be less competitive in nature. Most teams are fielded by random assignment of players rather than tryouts or skill comparisons. If an organization fields multiple teams per age group in these levels, it is recommended that the organization attempt to level the teams by skill
and avoid placement of two teams in the same division. Coaches are required to play each player on the team at least $50 \%$ of the total game time.
d) DIVISION A is the "select" division and is intended primarily for travel teams who are interested in participating in the AACO season. Teams that won Division 1 in the prior season are also encouraged to participate in this division, as are any other teams interested in "testing the travel league waters" prior to moving to a select league. This division will be formed only if at least 4 travel teams in an age group sign up to participate. Coaches are required to play each player on the team at least $25 \%$ of the total game time.

## 4) PLACEMENT OF TEAMS

a) Placement is primarily based on the standings from the previous spring and/or fall season. - Division 1 - the two highest placing teams are advised (though not required) to move up to Division A and the lowest placing teams are typically moved down to Division 2.

- Division 2 - the two highest teams are typically moved up to Division 1. All other divisions will be handled in the same manner.
Request for exceptions to this policy must be justified in writing at the time of team registration. Note: The yearly addition or loss of teams in an age group can affect placement in such a way as to make it unreasonable and contradictory to the intent of the rule to place certain teams according to the above procedures. In addition, roster changes of the teams in an age group can also affect its division placement. A change in the coaching staff of a team (with no change to its roster) does NOT constitute a new team, but a $50 \%$ or more change in the roster of a team (player additions and deletions) does. The league board and commissioners will make reasonable team placements where the former league and team structure has changed.
b) To assure as fair and even a schedule as possible, all divisions will be created with 6 teams in them except for the lowest division in each age group (which will have at least 6 but no more than 13 teams in it.) However, the AACO and commissioners can make exceptions to this 6 -team division rule as needed and appropriate based on the teams registered. In these cases, the commissioners acknowledge that in doing so they may end up with unbalanced game schedule.
c) Teams with players who also play on a travel team (i.e. - carded players) - If a team is playing with player(s) that also play on select teams (for example, EDP, CMMSL, CMSA, or NCSL) in the same season, the following division placement rules are in effect. The AACO placement committee has the authority to make other exceptions to the rules above (and interpret these rules) depending on the individual circumstances:
- For all 7v7 age groups (U8, U9, U10 and GU18), 25\% carded players would place a team into Division 1 or 2 depending upon the previous seasons record. $\mathbf{5 0 \%}$ or more carded players would force the team into Division A or Division I if there were a Division A. Registration fees would be refunded if there is no Division $A$ and placement in Division $I$ is not a good fit, unless there is another solution appropriate.
- For all 9v9 and 11v11 age groups (U11- U18) 50\% or more carded players would place a team into Division A or Division I if there is no Division A depending upon the previous seasons record. Registration fees would be refunded if there is no Division A and placement is Division I is not a good fit, unless there is another solution appropriate.
d) For U8, U9 and U10 age groups, the league will conduct a Round-Robin 4-mini- game
tournament (Pool Play). The games will last 20 uninterrupted minutes. Based on results and initial placement request, teams will be placed in tiered divisions. The game schedule for the season will be shortened by the equivalent of two games. Teams can request to move up in divisions, but the final placement decision is with AACO.
e) AACO reserves the right to move teams to different divisions to balance the level of competition across the age groups at any time during the season.
- AACO will discuss team swaps before they are finalized, taking into account all factors including (but not limited to): Team Win/Loss Record, Goals for and Goals against.


## 5) PLAYER DOCUMENTATION

a) All players must be properly rostered before participating in any game. Team rosters should be entered into the Team Sports Portal prior to the start of the season. The Portal allows parents to complete the player contract and concussion form electronically. If parents do not complete the electronic forms, then the coach/commissioner is responsible for getting the proper documentation to Recreation \& Parks. Coaches pledge needs to be completed by all coaches. This form can only be completed electronically. All coaches will be prompted to complete the pledge first time they sign in. If any form is missing a team may be subject to forfeit each game played and/or coach suspended where documentation has not been completed. If game(s) are forfeited the club is responsible for all fees and fines due to the resulting forfeiture(s).
b) Before each game, coaches should exchange copies of the Printed Roster from the Portal. The roster should list the first and last name as well as jersey number. A player who is not on the official roster may not play in a league game. Player names cannot be written onto a roster.
c) A coach, who permits a non-rostered individual to participate in a game, will be subject to forfeiting the game(s) the illegal player played in and may be subject to further disciplinary action.
d) As per R \& P rules, commissioners can ask the R \& P sports supervisor to do a roster check anytime during the season. This is done by submitting the R\&P Roster Protest Form found on line. A copy of the questionable roster should be attached.
e) Roster changes or additions will be allowed until the deadline. This deadline is generally, 5:00 pm on the Wednesday prior to the fourth weekend of the season. Changes or additions after the roster deadline/cutoff date must be submitted to R\&P Sports Supervisor for approval.
f) A roster may be challenged on the field, but the continuation of the game is not dependent on the removal of an ineligible player. If the coach of the team being challenged is unable to produce a roster or if the players on the field do not match those on the roster, the challenging coach should inform his/her organization commissioner. $\mathrm{He} /$ she will then inform the AACO who will then determine if any sanctions are warranted. (These sanctions could include forfeiture of already-played games and/or suspension of the coach.) Referees are not involved in the determination player eligibility, unless the player in question has been disqualified and the official is aware of such
disqualification. In such a case, the referee will ask the player, (or disqualified coach), to leave before continuing play.
g) Roster maximums consist of the following number of players:

7 v 7 - twelve (12) players
9 v 9 - fifteen (15) players
11v11 - eighteen (18) players

- Any number players over these amounts will require a written waiver prior to the first game of the season. Over-sized roster waiver request should be submitted to the R \& P Sports Supervisor by that organization's Commissioner or President.
h) Teams are prohibited from fielding "guest players" (players not on the coach's copy of the roster submitted to $R \& P$ ) in order to have enough players to play the game.


## 6) REGISTRATION AND FEES:

a. Fees must be paid prior to the team placement meeting, or the team may be dropped.
b. Teams withdrawn after the season's placement meeting are not entitled to a refund of league fees.
c. Teams may be added after the placement meeting only in exceptional circumstances as approved by the AACO. Late registrations will be considered based on league availability.
d. Coaches that do not adhere to their suspensions as received by the R \& P Sports Supervisor may be subject to additional disciplinary action.
e. Out of County teams are required to pay an additional fee per team on top of the stated AACO registration fee. Once an organization participates in the league for 5 consecutive years the organization MAY be considered an in-county organization and should request such status from the Director of Recreation \& Parks.

## 7) STANDINGS AND CHAMPIONSHIPS

a. Each regular season game is worth three (3) points, awarded to the winning team or one (1) point per team in case of a tie. The number of points earned, except when an unequal number of games have been played will determine divisional standings and placements. In that case, percentage of points earned out of the total possible points, which could have been earned will determine final placement. Total of points shall determine standings, not head-to-head or number of wins.
b. In the event of a tie between two or more teams (as determined by points or percentage above) the teams will be declared co-champions.
c. In the Fall season, within each Age Group and Division, the first-place team will receive 1 Team trophy awarded by AACO.
d. In case of ties (see above), trophies will be awarded to both teams.
e. Trophies are not awarded in the spring season.
a) The HOME TEAM is responsible for providing the game ball and is required to wear pinnies in cases where the opposing team uniform colors and their team colors match. Teams can wear tie-dyed jerseys. If the referee decides that the uniform colors, underlying garments, or number heights worn by a team are illegal, but not a safety issue and the team cannot correct the infraction, the game shall be played. The referee will notify the referee assignor the infraction and the assignor will notify AACO.
b) The home team is also entitled to choose the side of the field their team and supporters sit on. When at all feasible both teams should sit on opposite sides of the field with the home team choosing the side of the field they desire, and the visiting team must move to the other side of the field.
c) Winning coach should enter the game score and referee count into the Team Sports Portal by midnight on the Tuesday following the game date.
d) If an error in the recorded game results and/or referee count is identified, it must be brought to the attention of AACO. The change will only be made after verifying the correction with both coaches and with the official(s) at the game. No corrections to game results will be made after the Friday following the last game of the season.
e) The final outcome of a game cannot be challenged or protested based upon whether scores should have been allowed, penalties should or should not have been awarded, interpretations of the rules or for similar reasons. If it is determined that illegal players have been used in a game, the outcome of the game could be changed by R \& P.
f) The organization that is directly responsible for the field must ensure that the field is marked with an approved athletic field marking material, that corner markers are placed, that nets are installed, that the goals are properly anchored, and that the field is properly mowed and ready for safe play.
g) If the game officials deem the field unsafe for play, the game will be canceled. Teams MAY NOT play the game. R \& P, at their discretion, will make every effort to reschedule games cancelled due to weather. All teams are prohibited from rescheduling games themselves.
h) A head or assistant coach who is at least 18 years old must be present at each league game. The coaches from both teams (heads or assistants) should meet with the referee(s) prior to the start of the game to verify length and number of periods, ball size, as well as age group and local ground rules. The officials should remind the coaches of their responsibility to control their players, all coaches, and spectators before, during, and after the game.

- All players should be inspected by game officials prior to the start of play for adherence to the following safety and uniform rules.
- No jewelry (including watches, neck chains, bracelets, and earrings) may be worn. Hair scrunchies on wrist are not allowed.
- All team members, except the goalkeeper, must wear shirts, shorts, and socks, which are uniform and distinct from the opponents' uniforms.
- The goalkeeper must wear a shirt that is distinct from both the opponents' and his/her own team's uniforms. However, the shirt does not need a number.
- Both socks must be the same color, and single-color tie-dye is allowed.
- A soft cap may be worn during cold weather.
- Players wearing braces or other oral appliances are highly urged to wear protective, commercially available mouthpieces specifically designed for such purposes to cover those appliances.
- $\quad$ Players wearing glasses are highly urged to have their glasses secured to the head in an appropriate manner using soft material.
- All players are required to wear age and size appropriate shin guards that have not been modified from the original manufactured state and are worn in the manner the manufacturer intended.
- Hair adornments may be worn but must be secured.
- Face paint and sprayed on hair color is allowed so long as it is not considered offensive or objectionable by the officials.
- Players may participate in games wearing a cast, but it must be sufficiently protected (with bubble-wrap or foam or other padding at least $1 / 2$ inch thick) so as to not injure another player. Athletic participation in soccer is allowed according to FIFA laws as long as the referee deems a player's cast is safe and it is not being used in a dangerous manner or as a weapon.
- Shoes must be worn by all players. No metal cleats are allowed and front cleats (for example, baseball shoes) or anything the referee considers dangerous will not be allowed.
- A referee has the duty to exclude a player from participation until he or she conforms to the safety standards. Any player, who missed the pre-game inspection or was not in compliance with the safety standards during the pre-game inspection, must report to the referee before entering the game. If a referee notices a safety standard infraction once the game starts, the violator will be instructed to leave the field of play when the ball next ceases to be in play unless there is a dangerous situation. No caution (Yellow Card) will be given to the player or to the coach. The removed player can be replaced. The removed player may return during a dead ball situation after reporting to the referee and demonstrating compliance.
- A player must be removed from the field if he/she is bleeding. Any wound must be adequately bandaged in order to prevent further exposure of blood before the player may return to a game. Any clothing or equipment contaminated with blood must be replaced. Players who exhibit signs of concussion (e.g., confusion, headache, or dizziness) are required to sit-out for the remainder of the game. The Coach must receive medical clearance in writing before allowing the player to return for another game.

9) Forfeits
a) Off the field - If a team is unable to make their game (for any reason) and must forfeit the game, the coach is required to contact his/her organization's commissioner, the opposing teams coach, and AACO representative and notify them of the forfeiture. There are no refunds of referee fees for forfeitures.
b) Any team, which forfeits two games without notifying AACO within 24 hours of the scheduled game date/time, may be dropped from the league for the remainder of the season. There will be no refund of the team registration fee nor referee fees.
c) The results of all games played by the dropped team will be nullified, and standings of that division will reflect byes for games that were originally scheduled for the dropped team.

- A game shall be forfeited whenever one team fields fewer than seven (7) players for 11 vs. 11 , six (6) players for 9 vs. 9 , or fewer than five (5) for 7 vs. 7.
- All forfeits will be recorded as a 1-0 decision.
b) If a game is terminated by the officials as the results of the action(s) of either team, the game may be declared a forfeit loss to one or both teams, regardless of whether the first half has been completed.
c) Lightning/Thunder Policy - To ensure player and spectator safety, all activities must come to a stop and the playing field cleared at the first sound of thunder or sign of lightning. Play may resume after a 30-minute delay after the last sound of thunder or sign of lightning. During the stoppage of play, the game clock continues to run, and the playing time is not made up when play resumes. Additionally, most high school fields are equipped with a lightning detection system that should be followed.
d) Fall season is only 8 weeks long but includes 10 games in the season, each team will play additional games on selected weekends during the season (two "double-headers"). Double-headers may be scheduled for the spring season depending upon the schedule and number of teams. In addition, for fall season age groups that have an odd number of teams in their division, additional games will be scheduled on additional Sundays of the season to give them at least 10 games. Divisions of five will only be given eight games for the season. In the event of a division of four exists, only nine games will be scheduled.
e) Spring season is only 8 games which depending on calendar may result in no double headers played.
f) No electronic or mechanical noisemakers (including whistles, horns, cow bells, air horns, etc.) are permitted at any game.
g) There is currently no formal "slaughter" rules or policies, however, it is suggested that coaches take reasonable steps to keep game scores in check in cases where teams are obviously mismatched. These reasonable steps include (but are not limited to) flipping the team's offense and defense, instituting a minimum number of passes before shooting, and shooting with the players "weak foot" only.


## 10) OFFICIALS \& SCHEDULING

a) IF REFEREES DO NOT ARRIVE by game time, the coaches (heads or assistants) are encouraged to use volunteer officials, but they are not required to do so. Not having referees is not a guarantee that the game will be rescheduled. This is not grounds for protesting a game. However, the coaches must notify their respective commissioners that the appropriate number of referees did not show up. If volunteer officials are used, the following rights and responsibilities should be followed:

- The head coach should not volunteer unless he/she has a qualified assistant coach to run the team. The volunteer officials should follow the same code of conduct as would be expected from a "regular" referee. This includes refraining from coaching or cheering on their players while acting as the referee.
- Likewise, these volunteer officials have the same responsibility to officiate the game to the best of their ability, following the rules outlined herein. However, since they would not have the equipment a normal referee would have, they are unable to issue yellow or red cards. Therefore, if the volunteer referees feel at any time during the game that the play is moving outside of their control, they have the right to end the game.
- If game officials arrive after play has commenced, the game will be turned over to them at a stoppage of play. Elapsed time will NOT be repeated or replayed. The game will be continued or resumed from the point at which play was stopped.
b) All season games will be played as scheduled, unless postponed for such reasons as adverse weather, darkness, or unplayable fields. Conflicts with a specific single-date religious holiday or school sponsored event that results in the team not having enough players to field a legal team, are possible grounds for postponements or rescheduling of games. The Commissioner of the affected team must notify the sports supervisor of their situation as soon as it is known, but no later than 2 weeks prior to the scheduled game date. The AACO sports supervisor will evaluate requests for rescheduled games for reasons other than religious or school events on a case-by-case basis. All requests must be in the required format below:

1. Club Name/Commissioner Name
2. Gender/Age Group/Division/Team Name
3. Original Game Date/Time/Location
4. Reason/Conflict with School Name/Scout Troop \#/Church Name and contact email/phone
5. Opposing team name/club name.
c) The AACO may postpone or cancel the entire schedule for a game day based on inclement weather up to two hours before the first game that day. Make-up games are considered mandatory and are treated like any other game. Organizations must be aware of this contingency and be prepared to play the scheduled make-up games.
d) If an alternate field must be used, it is up to the organization that maintains the field to notify both teams of the change, and to adequately prepare the field for play in accordance with the league and R\&P rules.
e) If the entire schedule is NOT postponed by R\&P, the referees have authority, based on their judgment, to cancel any games based on the playability of the field. Teams are not to play games on canceled fields in the absence of the officially scheduled referees. Whether individually cancelled games will or will not be made up will be determined AACO based on field and referee availability and other factors.
f) The Referee is responsible for starting the clock on time and coaches are responsible to assist in doing that by not dawdling or delaying the ref during the pregame check in which happen up to 5 to 7 minutes prior to the game.
g) Cancelled games (closed fields) will be displayed on the Team Sports portal and Recreation and Parks Athletics page as they are become available.

## 11) RULES OF PLAY

a) FIELD OF PLAY: Reasonable variations in field dimensions are permitted; recommended field dimensions are shown in the table on the following page and in Attachment A. Unless it is impractical to do so, each team and their supporters shall be located on OPPOSITE sides of the field; the referees are responsible for enforcing this policy. The home team has the choice of side. Team members and coaches are restricted to the coach's box. Parents and spectators are not allowed in this box. No spectators may be positioned behind either end line, or from the end line to the top of the penalty box. All spectators and players must stay THREE YARDS from the touchline and may not interfere with any replay or re-start. The coaches are expected to help in the enforcement of this margin. The organization supplying the field will be required to designate by paint the coach's box, which extends 10 YARDS each side of the half and THREE YARDS from the touchline.
b) THE BALL: The HOME TEAM must provide one suitable game ball of the appropriate size. These sizes are shown in the table on the following page.
c) GAME OFFICIALS: The number of referees scheduled for each age group is shown in the table below. For U11 through U18, if only one referee shows for a game, the game will be played, and volunteer line judges may be used. The referee will assign other duties, as he/she deems necessary. The referee will declare the game a forfeit if a team does not appear for a scheduled game within 15 minutes after the official start time. Time will be subtracted from game time.
d) DELAYS: If a game official determines that a coach, parent or spectator unreasonably prolongs a discussion with the referees or refuses to leave the field when requested by the official, the game may then be suspended/terminated. A referee may terminate the game in the event of a grave disorder. However, the game will not be ruled a forfeit until the referee's written report is reviewed by the sports supervisor.
e) DURATION OF THE GAME: The referee will keep the official game clock. Duration of games and lengths of periods are shown in the table below and the game clock will be a "running-clock" and NOT stopped for any situation; the intent is to keep games on their hourly ( $7 \mathrm{v} 7 \& 9 \mathrm{v} 9$ ) or hour-and-a-quarter ( 11 v 11 ) schedules. Games are considered complete if half the game has been completed and then stopped due to weather or other limitations. The clock will be stopped for on-field medical treatment, or when otherwise ordered by a referee. No coach may call time out to "coach" the team or for any other situation.

| AACO | AGE | PERIODS | PERIOD LENGTH | $\begin{aligned} & \text { IELD } \\ & \text { SIZE } \end{aligned}$ | $\begin{aligned} & \text { 3ALL } \\ & \text { SIZE } \end{aligned}$ | \# REFS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $7 \times 7$ | J08- U10 | Two Halves | $\begin{gathered} 25 \\ \text { minutes } \end{gathered}$ | $\begin{aligned} & 60 \times 40 \\ & \text { Yards } \end{aligned}$ | 4 | 1 |
| 9 v 9 | 111- U12 |  |  | $80 \times 50$ <br> Yards |  |  |
| 11 v 11 | U13- U18 |  | $\begin{gathered} 30 \\ \text { minutes } \end{gathered}$ | $\begin{gathered} 110 \times 60 \\ \text { Yards } \end{gathered}$ | 5 | 2 |
| 7 v 7 | Girls U18 |  | $\begin{gathered} 30 \\ \text { minutes } \\ \hline \end{gathered}$ | $\begin{aligned} & 80 \times 50 \\ & \text { Yards } \end{aligned}$ |  |  |

f) 7 v 7 - GIRLS U18: The goalkeeper may not punt the ball past midfield. In the event the goalie punts the ball past the midfield line, the opposing team receives an indirect free kick at the point the ball passed the midfield line. A ball drop-kicked by the goalkeeper is not considered to be a punt even if it crosses the midfield line in the air.
g) SLIDE TACKLES: To ensure safe play, slide tackles are prohibited for all 7 v 7 and 9 v 9 age groups but are allowed for all 11v11 age groups and GU18. Slide tackles performed by 7 v 7 or 9 v 9 age groups will be treated as a foul and may result in a direct kick or (if judged to be egregious enough) a yellow or red card.
h) U8 and U9 any goal kicks, or other kicks such as a direct kick for the defensive team that would be inside the penalty box line will be taken from the penalty box line as opposed to the goal box or place of infraction.
i) SUBSTITUTIONS: Will be allowed as follows:

1) No limit on the number of substitutions or substitute.
2) A player who has been substituted for may return to the game.
3) Substitutions can be made, Prior to a throw-in in your favor.
4) Prior to a throw-in for your opponent, only if your opponent is making a substitution at that time.
5) Prior to a goal kick by either team; after a goal; or at half time.
j) Substitutions MUST be made:
6) After an injury, by either team when the referee stops play, unless it is the goalkeeper.
7) Following a yellow card. The opposing team may also substitute.
8) Substitutions must be declared by the coach ("May I have the next substitution, please?") to the referee closest to their side of the field, and only when players entering are ready and standing at the field center line. Players may enter the field upon acknowledgment and request of the referee at the next available situation noted in items $3 \mathrm{a}, \mathrm{b}$ or C , or 4 above.
k) Heading Rules: AACO is enforcing the heading policy from US Soccer. The modifications of the rules about bringing the indirect kick and drop ball out to the top of
the penalty area is an AACO rules interpretation change.
9) Regarding the US SOCCER ON HEADING: See the statement below regarding heading please use this rule as it applies to Anne Arundel County games.
10) For Ages U12 and above there is no restrictions
11) For Ages U11 and under - If a player purposely heads a ball, an indirect kick at the spot of the infraction will be awarded to the opposing team. If it was headed purposely in the penalty area, the ball will be placed at the top of the penalty area. (18-yard box)
12) If a player accidentally heads a ball, a drop ball will occur at the spot of the infraction. If a player accidentally heads a ball in the penalty area, the drop ball will occur at the top of the penalty area. (18-yard box)

## 12) FOULS AND MISCONDUCT:

a) Coaches may be cautioned or disqualified for failure to maintain reasonable and proper control over the behavior and actions of his/her team and their spectators (including parents, relatives, friends, etc.) when the referee deems that he is not working with the referee to help with the good order of the game.
b) Individual spectators may also be ordered by the referee to leave the area in the event of disruptive behavior. If they do not leave the area the game can be halted.
c) Parents and spectators must be aware that the coach is responsible for their actions on the sideline, BEFORE, DURING, and AFTER THE GAME. It is entirely inappropriate from team staff, parents, or spectators to make loud, abusive, derogatory, or threatening comments to the referees, members of the opposing team, their team staff, or their spectators.
d) COACH YELLOW/RED CARDS - No "soft yellow" cards will be given to any coach. If a coach receives a yellow card, the next card will be a HARD Red card. The coach is removed from that game and suspended for the next two (2) games. If the infraction occurs at the end of one season, the coach will serve the suspension at the start of the next season. Likewise, if the person coaches 2 or more teams, the suspension is served at the coach's next 2 games. The coach will not participate in any game. The coach must completely leave the field of play and cannot have any communications with the team during the suspension. If caught at the field by either the officials or the opposing team coaches, the sports supervisor or league board may impose additional disciplinary action as appropriate.

- Receipt of a DIRECT Red card is an automatic TWO game suspension from the next two games his/her team plays, and further penalties may be imposed. Receipt of a second red card to a coach within a single season MAY be grounds for a one-year suspension.
e) PLAYER RED CARDS - If a player received a red card, he/she is suspended for the remainder of the game and for the next game. He/she may not be on the sidelines during the suspended game or have any communication with the team.
f) PLAYER YELLOW CARDS - If a player receives a Yellow Card, the player must leave the field until the next legal substitution opportunity. The coach may elect to play shorthanded or send in a substitute. Players who have violated the safety rules must leave the game until the infraction is corrected, but neither the coach nor the player will receive
a Yellow Card.
g) Automatic red card: In the event a match is terminated by the referee due to the behavior of a coach, parent or team, the referee will issue a red card in the game report for the offending team(s).


## Attachment A - Field Dimensions and Specifications

The following are the main field dimensions and other specifications for the 3 field sizes utilized by the Anne Arundel Youth Soccer for the Spring and Fall seasons. While some flexibility in these field dimensions is allowed organizations should make every attempt to follow these as closely as is possible.

| Dimension of Fields | 7 (U8 - U10) | $\begin{aligned} & \text { 9V9 (U11, U12, } \\ & \text { GU18; } \end{aligned}$ | $\begin{aligned} & \text { 11v11 (U13, } \\ & \text { U14, BU18) } \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| Length | 180' | 240' | 360' |
| Width | 120' | 150' | 210' |
| Goal Area / Box | 36' W x 12' D | $54^{\prime} \mathrm{W} \times 18^{\prime} \mathrm{D}$ | $60^{\prime} \mathrm{W} \times 18{ }^{\text {' D }}$ |
| Penalty Area / Box | $72^{\prime} \mathrm{W} \times 36^{\prime} \mathrm{D}$ | 96' W x 45' D | V $\times 54$ D |
| Penalty Spot | from goal | from goal | from goal |
| Penalty Arc | 30' from Spot | 30' from Spot | 30' from Spot |
| Center Circle (radius) | 24 |  | ' |
| Corner Arc (radius) |  | 3 ' |  |
| Coaching Area | 60' (30' on either side of midfield line) |  |  |
| Goal Size | 6' H x 18' W | $\begin{aligned} & \text { Hx 18' W (GU18: } \\ & 8^{\prime} \mathrm{H} \times 24^{\prime} \text { W) } \end{aligned}$ | $8^{\prime} \mathrm{H} \text { x } 24^{\prime} \mathrm{W}$ |

