Anne Arundel County Department of Aging & Disabilities

Subsidizing Healthy-food Options Plus Nutrition Education And Training

Shop 'N Eat (**S**ubsidizing **H**ealthy-food **O**ptions **P**lus **N**utrition **E**ducation **A**nd **T**raining) is a program to educate and provide opportunities for developing healthy eating habits for county's older adult residents through the use of subsidized grocery cash cards.

1. **What are the eligibility requirements to participate in Shop 'N Eat?**
   Participants must be 60 years of age or older and an Anne Arundel County resident.

2. **How often can I participate?**
   Participants may attend and purchase grocery cash cards two times in a program year The program year runs July through June. Only one application is needed.   Applications can be picked up at any of the eight senior centers or you may register online at aacounty.org/services-and-programs/shop-n-eat-program.

3. **When are the Shop 'N Eat sessions?**
   August, October, December, February, April, and June.

4. **Where are the Shop 'N Eat sessions held?** *All sessions begin at 10:00am.*
   - Annapolis Senior Activity Center
   - Arnold Senior Activity Center
   - Brooklyn Park Activity Senior Center
   - O'Malley Senior Activity Center
   - Pasadena Senior Activity Center
   - Pascal Senior Activity Center
   - Severn Senior Activity Center
   - South County Senior Activity Center
   - <u>Evening Sessions will be offered at 6:30pm:</u>
     - Independence Room at 2664 Riva Rd, 21041
     - Hein Building at 7320 Ritchie HWY, 21061

5. **Is there a limit per household?**
   Yes. One participant per household. Guests may attend the nutrition education part of any session.

6. **How much will the Shop'N Eat cash cards cost me and what is the maximum I can purchase?**

$10 cost = $20 Value cash card	**$30 cost = $60 value cash card**
$20 cost = $40 Value cash card	

7. **Can someone else pick up my Shop 'N Eat cash card for me?**
   No. Registered participants must be present at the scheduled nutrition education class and show proof of age and Anne Arundel County residency.

8. **What if I registered and can't attend?**
   Please let us know at least 48 hrs in advance, in order to be eligible for future Shop 'N Eat sessions.

9. **What are the acceptable forms of payment for the Shop 'N Eat program?**
   We accept cash, check, and money orders only. Please make checks payable to Anne Arundel County.

10. **Do you offer refunds if I don't use the Shop 'N Eat cash cards?**
    No. Shop 'N Eat cards do not expire and cannot be replaced if lost.

Any questions or concerns, please call: 410-222-0282 or email: AgingShopNEat@aacounty.org