

APRIL 2024

Korean Meals Menn SENIOR NUTRITION PROGRAM 410-222-0256



4/03

Seaweed Soup

Spicy Pork

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

4/17

Kimchi Radish Soup

Chicken Bulgogi

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

Soup

Entrée

Sides

4/10

Bean Sprout Soup

Mackerel with Radish

Kimchi Two Seasonal Vegetables Brown Rice Fruit

4/24

Soup

Entrée

Sides

Kale Soup

Pork in Black Bean Sauce

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

*Milk/Dairy served with each meal