



SENIOR NUTRITION PROGRAM  
410-222-0256

**MAY 2025**

## *Korean Meals Menu*



**5/07**

Seaweed Soup

Yellow Curry Chicken

Kimchi

Two Seasoned Vegetables

Brown Rice

Fruit

Soup

Entrée

Sides

**5/14**

Bean Sprout Soup

Steamed Tilapia

Kimchi

Two Seasonal Vegetables

Brown Rice

Fruit

**5/21**

Kimchi Radish Soup

Beef Bulgogi, Pork Bulgogi

Kimchi, Squid Salad,

Japchae, Pancake,

Brown Rice

Fruit

Soup

Entrée

Sides

**5/28**

Kale Soup

Pork in Black Bean Sauce

Kimchi

Two Seasoned Vegetables

Brown Rice

Fruit

*\*Milk/Dairy served with each meal*