



OCTOBER 2024

Korean Meals Menu



10/02

Soup

Seaweed Soup

Entree

Beef Bulgogi

Sides

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

10/09

Bean Sprout Soup

Chicken Terriyaki

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

10/16

Kimchi Radish Soup

Fried Tilapia

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

10/23

Soup

Kale Soup

Entree

Stir Fried Squid

Sides

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

10/30

Soybean Soup

Bibimbap

Kimchi
Two Seasoned Vegetables
Brown Rice
Fruit

**Milk/Dairy served with each meal*