



Office of Fire Safety and Injury Prevention Education

What is **ICE**

and how can it **HELP US HELP YOU ?**

By entering the acronym ICE—for IN CASE OF EMERGENCY— into your mobile phones contact list, emergency responders will have the information needed to reach a relative or friend on your behalf.

Include with your ICE contacts their names and phone numbers. Use several ICE contacts if needed.

Select your ICE contacts that are familiar with your medical history, allergies and medications. For minors ICE contacts should be parents or legal guardians authorized to make medical decisions.

