

ANNE ARUNDEL COUNTY PRE-EMPLOYMENT
PHYSICAL AGILITY TEST FOR
ENTRY- LEVEL DEPUTY SHERIFF

DOCTOR'S CERTIFICATION OF FITNESS TO PERFORM PHYSICAL AGILITY TEST

I have reviewed the attached three elements of the Anne Arundel County Physical Agility Test for the position of Entry-Level Deputy Sheriff and certify that the candidate listed below is under my care and is able to perform the elements of the test safely.

Candidate's Name: _____

Agency to which Application is made: _____

Date of Examination: _____

Expiration Date is six (6) months from date of exam.

Doctor's Signature: _____

Doctor's Name Printed/Typed: _____

Doctor's Address and Phone #: _____

This form will expire six months from date of examination. Upon expiration, a new certification form must be completed before any further processing can be done.

*******IMPORTANT*******

CANDIDATE, you must bring this form with you when you report for the Physical Agility Test. Without this form, you will not be tested.



Anne Arundel County Sheriff's Office

Sheriff Jim Fredericks

Colonel Francis Tewey

PRE-EMPLOYMENT PHYSICAL AGILITY TEST (PAT) FOR DEPUTY SHERIFF

Minimum Scores for Entrance as a Deputy Sheriff

The same standard applies to ALL candidates

MALE CANDIDATES:

AGE	SIT-UPS	PUSH-UPS	1.5 MILE RUN (MINUTES)
20-29	37	27	12:53
30-39	33	21	13:25
40-49	28	16	14:10
50-59	22	11	15:53

FEMALE CANDIDATES:

AGE	SIT-UPS	PUSH-UPS	1.5 MILE RUN (MINUTES)
20-29	31	14	15:32
30-39	24	10	16:43
40-49	19	8	17:38
50-59	12	5	19:43

Note: This is a PASS/FAIL test. Failure of any one section is a disqualification. There are two test dates scheduled. Applicants can attempt to pass the PAT on either of the two selected dates, however no re-testing will be done after the last testing date.

Contact Human Resources Coordinator Christina Smith at 410-222-1243 for test dates and locations.