



1 Harry Truman Parkway
Annapolis, MD 21401
Web Site: www.aacounty.org/recparks

Incident Weather

For weather cancellation please check the R&P websites cancellation page at:

<https://www.aacounty.org/departments/recreation-parks/cancellation-notice/>

2020 Youth Wrestling "A" & "B" Leagues

SPORTS SUPERVISOR

Jeff Porter / Pete Medhurst
(410) 222-7865

COACHES ASSOCIATION

Chris Knapp: President

LEAGUE RULES

1. Teams will share cost of officials equally per match. This is to be paid on the mat by cash or check.
2. The AAWL no longer restricts movement of B wrestlers to the A division within the same organization (in the past, once a wrestler competed in his second A match, he could no longer compete in the B league for the remainder of the season.) Wrestlers can now move freely to experience the upper level or to fill a weight class.
3. Those organizations in the league who can only field a B team may petition to enter team member(s) to the A tournament. These individuals will be unseeded (wildcards). Visa Versa, any wrestler unable to win a match in the A league or does not have the skill set for this level may compete in the B tournament. This is all at the discretion of the head coach and in conjunction with the supervision and final approval of the league president.
4. Anyone competing in the AACo "B" tournament may not advance to the AACo "A" Tournament.
5. Wrestlers are only allowed to wrestle for one team in the league. If they switch teams (within the same organization only) notice must be given to the Sports Supervisor prior to participation in any matches. No wrestler may wrestle for two teams in the same week. (Monday - Sunday).
6. All roster moves must be submitted **digitally** to the Sports Supervisor by **January 1, 2020**.
7. **ROSTERS ARE FROZEN AS OF JANUARY 15, 2020** unless approved by the president.
8. Each participant must have signed a Player Contract prior to participation.

9. Winning team must fax or email bout sheets within 48 hours to the Recreation and Parks Department to the attention of Jeff Porter or Sue Hamilton at 410-222-4120 or at rpport96@aacounty.org.
10. All leagues are governed by the Anne Arundel County Recreation & Parks Guidelines and Reference Manual. When the Anne Arundel County Snow Emergency Plan is in effect, all matches are cancelled.
11. Weight classes for wrestling will be: 50lb, 55lb, 60lb, 65lb, 70lb 75lb, 80lb, 85lb, 90lb, 95lb, 101lb, 106lb, 113lb, 120lb, 132lb, 145lb, 160lb, 182lb & 225 lb (HWT)

Weight Class Restrictions

For the 50lb weight class, a Wrestler cannot turn 10 on or before Dec. 31st

For the 55lb weight class, a Wrestler cannot turn 11 on or before Dec. 31st

For the 60lb weight class, a Wrestler cannot turn 12 on or before Dec. 31st

For the 65lb and 70lb weight classes, a Wrestler cannot turn 13 on or before Dec. 31st

For the 75lb and 80lb weight classes, a Wrestler cannot turn 14 on or before Dec. 31st

For the 85lb and 90lb weight classes, a Wrestler cannot turn 15 on or before Dec 31st

For the 95 thru HWT weight classes, a Wrestler cannot turn 16 on or before Dec. 31st

10. Heavyweights must be greater than 150 lbs.
11. In order to wrestle in a given weight class in the tournament (county/state), the wrestler must have weighed in at that weight class (i.e. 50, 55, 60, etc.) or lower (without weight allowance) in at least two dual meets of record. **NOTE:** These weigh-ins cannot be accomplished on the same date. No allowance will be given for consecutive days wrestled or snow days, to meet weigh in requirements. This applies to all weight classes with the exception of Heavyweights. Anne Arundel County Holiday Tournament weigh-ins will not be a weight of record.
12. Weigh-ins 1 hour or sooner before scheduled match time. Wrestler must make weight prior to coin toss.