



YOUTH BASKETBALL
COACHES CLINIC
FREE!!!!

When: Wednesday, November 8, 2017

Where: Arundel Middle School, Gymnasium

Time: 6:30 pm–8:30pm

Recreation & Parks has teamed up again this season with several local High School Basketball Coaches to offer a County-Wide Youth Basketball Coaches Clinic. The clinic will be open to ALL youth coaches (boys and girls) from all levels of competition. Some topics of discussion will include:

- * Warm-up drills
- * Defensive concepts
- * Conditioning
- * Installing an offense
- * Improving fundamentals
- * Full Court Drills



High school coaches will be available for a Q&A session at the conclusion of the clinic. Coaches include Will Maynard (Southern HS) Mike Francis (Old Mill HS), Roger O'Dea (Northeast HS), Maria Gray and Shawn Rebstock (Chesapeake HS)

For additional information and confirmation of attendance, please contact the Recreation & Parks sports office at (410) 222-7865 or by e-mail to: recadmin@aacounty.org or Jeff Starr e-mail: jastarr@hotmail.com.