



American Red Cross

Together, we can save a life

Lifeguard Training and Lifeguard Review Courses



Lifeguard Training

Cost: \$230.00

Age 15 and older (proof of age is required) and pass a pre-skills swim test (300-yard swim, tread water for two minutes using legs only, and brick retrieval). To receive certification, participants must attend all class sessions and pass a written test and water exit skills. Please note that all classes must meet at AOSC on Riva Road on Sunday to complete deep-water requirements. Register online at www.aacounty.org/recparks or at facility. Contact: Desi rpdeni20@aacounty.org

Dates: January 4 – January 8	(12477)
Thurs/Fri	Jan 4, 5
Saturday	Jan 6
Sunday	Jan 7 (AOSC)
Mon	Jan 8
	4 pm- 9 pm
	8 am - 3 pm
	12 pm - 6 pm
	4 pm-9 pm

Dates: February 8- February 12	(12478)
Thurs/Fri	Feb 8, 9
Saturday	Feb 10
Sunday	Feb 11 (AOSC)
Mon	Feb 12
	4 pm- 9 pm
	8 am - 3 pm
	12 pm - 6 pm
	4 pm-9 pm

Dates: March 8 – March 12	(12479)
Thurs/Fri	March 8, 9
Saturday	March 10
Sunday	March 11 (AOSC)
Mon	March 12
	4 pm- 9 pm
	8 am - 3 pm
	12 pm - 6 pm
	4 pm-9 pm

Dates: March 22 – March 26	(12480)
Thurs/Fri	March 22, 23
Saturday	March 24
Sunday	March 25 (AOSC)
Mon	March 26
	4 pm- 9 pm
	8 am - 3 pm
	12 pm - 6 pm
	4 pm-9 pm

Dates: April 5 – April 9	(12481)
Thurs/Fri	April 5, 6
Saturday	April 7
Sunday	April 8 (AOSC)
Mon	April 9
	4 pm- 9 pm
	8 am - 3 pm
	12 pm - 6 pm
	4 pm - 9 pm

Dates: April 19 – April 23	(12482)
Thurs/Fri	April 19, 20
Saturday	April 21
Sunday	April 22 (AOSC)
Mon	April 23
	4 pm- 9 pm
	8 am - 3 pm
	12 pm - 6 pm
	4 pm - 9 pm

Lifeguard Review Course

Must hold a **current** American Red Cross Lifeguard training certification to participate (bring to class). Participants must also bring their pocket mask (available from the facility for an additional fee - \$15.00).

Cost: \$105.00

Date: Saturday January 18 (12485)
8 am – 6 pm

Date: Sunday February 18 (12486)
8 am – 6 pm

Date: Saturday March 17 (12487)
8 am – 6 pm

Date: Sunday April 15 (12488)
8 am – 6 pm

Date: Saturday April 28 (12489)
8 am – 6 pm