

FOUR STEPS TO PREPAREDNESS



1

Make a Plan: Pre-designate a safe meeting place and make a communications plan for your family. Have materials and knowledge to safely shelter in your home, workplace, or school. Plan a location (family or friend's home, or a hotel) to evacuate if it becomes necessary.

2

Get a Kit: Gather simple items that will prepare you to be self-sufficient for up to three days. That is the time it may take for a coordinated response in an emergency or disaster.



3

Stay Informed: Monitor the news, weather, social media, and check on family and friends. Register your cell phone or email address for CodeRED emergency notifications.

4

Get Involved: Take a first aid and/or CPR/AED class, request a preparedness presentation for your community group, volunteer for a community service activity, and keep a watchful eye on older adults, individuals with disabilities, or chronically ill neighbors.



Get prepared today so you are ready when an emergency happens!



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www.aacounty.org/OEM

This flyer is available in an alternate format upon request to the above contacts.