



The Office of Fire Safety and Injury Prevention Education

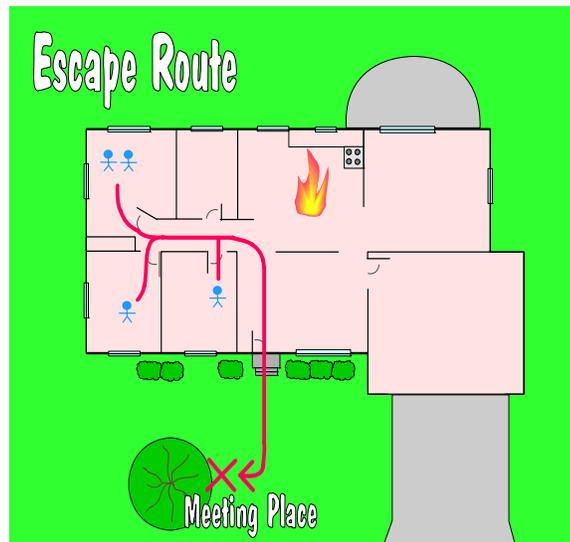
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E.D.I.T.H. Exit Drills In The Home

Did you know...

Every year 1,200 children age 14 and under are killed in home fire in the United States. About 3,000 adults die as well. Your family probably won't be one of them if you practice (E.D.I.T.H.) Exit Drills In The Home. If there's a fire in your home, you won't have time to think. A fire escape plan is essential to your survival.



Please consider this three step plan:

Step 1: Install Smoke Alarms

- Install smoke alarms in every floor of your home, outside every sleeping area and inside every bedroom.
- Test your smoke alarm by following the manufacturers suggested method at least once per month.
- Replace the battery once per year. A good time to change the battery is during the fall time change from daylight savings time.



Step 2: Develop a Family Escape Plan

- Include the family in your presentation.
- Map out two exits from every room.
- Make sure that windows can be opened quickly.
- Consider chain ladders for exiting a window above the first floor.
- Make sure exits are kept clear, not blocked.
- Designate a safe meeting place in front of your home. Account for everyone first then call 911.

Step 3: Practice your Plan

- In a fire, crawl low on the floor with your mouth and nose covered with a cloth or towel until you can exit.
- Stop, Drop and Roll if your clothes catch fire while exiting. Cover your face (nose, eyes & mouth) with your hands to protect your throat and lungs.
- If in a room, go to the door and feel with the back of your hand. If hot, use second exit. If trapped hang a sheet from the window to indicate the need for a rescue.
- Once out, stay out! Go to your safe meeting spot first, then call 911.
- When the fire department arrives prepare to report whether all persons and pets are out of the building.

Fact Sheet