











A-Z Common Pet Toxins and What They May Cause in Pets



- **Alcohol** – may cause coma, vomiting, intoxication or death
- **Almonds** – upset stomach or obstruction of throat or intestines
- **Avocado** – vomiting, diarrhea, heart or lung damage 
- **Caffeine** – vomiting, heart palpitations, diarrhea or death
- **Cedar/Pine shavings** – may cause death (in small animals) 
- **Chocolate (and cocoa mulch)** – toxic to heart and nervous system or may cause death
- **Cooked bones** – stomach or throat laceration/perforation, choking or death 
- **Dairy (milk/ice cream)** - diarrhea and digestive issues
- **Ethylene glycol** (ingredient in some anti-freezes and snow globes) - stumbling, vomiting, seizures, kidney failure or may cause death
- **Fatty foods** – vomiting, diarrhea or pancreatitis
- **Fertilizers** – stomach upset and gastrointestinal obstruction
- **Fumes from non-stick cooking surfaces** and self cleaning ovens (in birds) – may cause sudden death
- **Garlic** – blood cell damage and anemia 
- **Grapes** – kidney failure (from single instance or cumulative over time) 
- **Hops** (used in beer brewing) – increasing respiration, increased heart rate, vomiting, abnormal clotting or death 
- **Human Medications** (over the counter and prescription) – may cause death, depends

- on the medication, always consult a veterinarian or pet poison hotline
- **Human Vitamins and Minerals** – may cause death consult a veterinarian or pet poison hotline
- **Macadamia Nuts** – seizures, vomiting, lethargy or nervous and muscle system damage
- **Marijuana** – vomiting, diarrhea, increased heart rate, seizures or coma
- **Mold** – death 
- **Mushrooms** (certain types including wild) – shock, seizures, coma, vomiting or death
- **Nutmeg** (high levels) – tremors, seizures, nervous system abnormalities or death
- **Onions** – blood cell damage and anemia 
- **Pesticides and Rodent Poison** – may cause vomiting, diarrhea or death
- **Plants** (*Most common* - azaleas, lilies, hyacinth, mistletoe, poinsettia, daffodils, crocus, cyclamen, kalanchoe, oleander, lily of the valley, sago palm, tulip, dieffenbachia, rhododendron) – stomach upset, convulsions, depression of central nervous system or death
- **Pistachios** – stomach upset or obstructions of throat or intestines
- **Raisins/Currants** – diarrhea, vomiting or kidney failure (from single instance or cumulative over time)
- **Raw eggs** – food poisoning (salmonella, e. coli, etc), vomiting or biotin deficiency which causes skin issues

- **Rhubarb** – abnormalities with nervous system, kidneys and digestive tract
- **Salt** (from ocean sea water, play dough or paint balls) – neurologic signs, seizures and brain swelling
- **Seeds/Pits** (apple, cherry, mustard, peach, avocado, apricot, plum, persimmons, etc.) – may cause choking, intestinal inflammation, blockage, digestive upset or death* (*from cyanide in peach or plum pits) 
- **Walnuts** – stomach upset, blockages, seizures, vomiting, lethargy, nervous and muscle system damage
- **Xylitol** (common ingredient in candy) - liver failure, hyperglycemia or death
- **Yeast** (often in bread dough) – nausea, vomiting, diarrhea or bloat which can cause death 

If you think your pet ate something s/he shouldn't have call one of the options below:

- **Your veterinarian**
- **Local emergency veterinarian**
*Anne Arundel Veterinary
 Emergency Clinic
 (410) 224-0331
 Annapolis, MD* OR
*Emergency Veterinary Clinic
 (410) 788-7040
 Catonsville, MD* OR
*Dogs and Cats Vet Referral &
 Emergency
 (301) 809-8800
 Bowie, MD*
- **A Pet Poison Hotline**
*National Pet Poison Helpline
 (800) 213-6680* OR
*ASPCA Poison Hotline
 (888) 426-4436*

