Shop 'N Eat
March 2020

The quarterly Subsidizing Healthy-Food Options Plus Nutrition Education And Training (Shop 'N Eat) program provides older adults an opportunity to purchase subsidized grocery cash cards and enhance their nutrition through education.

Eligibility
- 60 yrs or older
- A.A. County resident (MD ID)
- One per household
- Mandatory participation in quarterly nutrition education

Safeway Card
- $10 cost= $20 cash card
- $20 cost= $40 cash card
- $30 cost= $60 cash card

Payments: cash, check or money order

LIMITED AVAILIBILITY
**Registration Required:**

January 30th and January 31st each day starting at 8 AM and ending at 4 PM

To register, call and leave a message at: 410-222-0282 or email Senior_Nutrition@aacounty.org

Please include:
- Full Name, Address, Phone Number, Birthday, and 2 Senior Activity Center Choices

Confirmation will be sent via US mail within 10 business days.

**Missing information may delay the registration process.**

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**Locations/Dates**

**Time: 9:30 am**

- **Annapolis Senior Activity Center**
  - Wednesday, March 18th

- **Arnold Senior Activity Center**
  - Thursday, March 19th

- **Brooklyn Park Senior Activity Center**
  - Thursday, March 12th

- **O'Malley Senior Activity Center**
  - Tuesday, March 24th

- **Pasadena Senior Activity Center**
  - Wednesday, March 11th

- **Pascal Senior Activity Center**
  - Tuesday, March 3rd

- **South County Senior Activity Center**
  - Thursday, March 26th

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Anyone needing accommodations must contact Hadassah Onimiya at 410-222-0282, or by email at Senior_Nutrition@aacounty.org at least seven days in advance of the event. TTY users, please call via Maryland Relay 7-1-1. Materials are available in an alternative format upon request.