

ANNE ARUNDEL COUNTY DEPARTMENT OF DETENTION FACILITIES  ADMINISTRATIVE DIRECTIVE	AD NO: 03.29 DATE: April 7, 2023 SUBJECT: Personnel TITLE: Physical Fitness FOR PUBLIC RELEASE: Yes
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- I. Reference: AD 03.01, 07.01, 07.02, 07.03, 12.01
- II. Applicable to: Anne Arundel County Department of Detention Facilities (AACDDF)
- III. Purpose: To promote staff physical fitness.
- IV. Policy:
- A. The AACDDF shall be committed to improving employee physical fitness to ensure the health and well being of its work force.
  - B. The AACDDF shall ensure each employee having contact with inmates receives a physical examination before assignment and as necessary to ensure s/he is capable of performing job duties.
  - C. Physical fitness shall be addressed through training programs emphasizing the importance of exercise in maintaining an employee's quality of life.
  - D. On-site fitness centers shall be made available to all staff for use during non-duty hours.

This directive shall be reviewed annually and revised as necessary.

  
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Christopher Klein  
Superintendent

Rescinds: AD 3.29 dated March 13, 2000  
AD 03.29 dated October 15, 2012  
AD 03.29 dated December 20, 2022