CITIZEN'S GUIDE TO EMERGENCIES

WHAT TO DO DURING AN EMERGENCY

ANNE ARUNDEL COUNTY OFFICE OF EMERGENCY MANAGEMENT 7480 Baltimore Annapolis Blvd., Glen Burnie, MD, 21061



A MESSAGE FROM COUNTY EXECUTIVE STEUART PITTMAN

Dear Neighbors,

Thank you for taking the time to read this guide. Learning what to do before, during, and after an emergency can save your life and property. This guide offers a wide variety of information to help you successfully take action during most emergencies and keep you as safe as possible.



The recent experiences of hurricanes, winter storms, and severe weather show that emergencies in Anne Arundel County can be more devastating than predicted and have the potential to occur without warning. Being prepared for emergencies is the responsibility of everyone in the community. This includes government, businesses, neighborhoods, and individuals. When everyone takes preparedness seriously, the entire community is stronger and better able to respond and recover from an emergency.

This guide was created to provide guidelines for citizens prior to and during emergencies. This guide has three sections: Preparedness Essentials, Natural Hazards, and Man-Made Hazards. The Preparedness Essentials section of this guide is designed to help prepare yourself and your family for emergencies, which is always the best practice. The Hazard sections contain guidelines and considerations for taking action when emergencies occur. We hope you find this guide as a useful resource for you, your family, and your community.

Alternate format is available upon request. Contact the Office of Emergency Management at 410-222-0600 or oem@aacounty.org. TTY users, please call via Maryland Relay 7-1-1.

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USING THIS GUIDE

For life threatening emergencies, call 9-1-1 immediately!

This is a quick reference guide when time is of the essence.

Follow specific instructions given by officials.

Use reliable news sources and mass notification systems for further information.

Guide Sections:

Preparedness Essentials: Red

Natural Hazards: Green Man-made Hazards: Orange

These are guidelines for immediate action considerations.

Use your best judgment when choosing the best action for you.



PREPAREDNESS 101

Preparing yourself, your family, and your community for emergencies will increase your chances of success when emergencies and disasters occur.

- Be proactive by preparing in advance of emergencies
- Make an emergency plan and practice it with your family and friends
- Build go-kits for each family member; don't forget about your pets too!
- Take action by protecting yourself, your family, and your community
- Talk to your schools, work places, and family care facilities to understand their emergency plans and policies
- Consider keeping a go-kit at work and in your car
- Know your evacuation routes and plans
- Understand "shelter-in-place" and when to do it (see page 5 for details)
- Register for and understand emergency notification systems (see page 7 for details)

Go-Kit

Creating a go-kit for your family will aid in eliminating stress when disasters occur. Gokits are simply pre-stocked bags or boxes that can be picked up and taken anywhere in the event of a quick evacuation during an emergency. The idea is to stock these kits with your family's essential items. A go-kit can be purchased from some retail stores or online, but by creating one unique to your family, you will have all necessary items when evacuating. Consider the following suggestions for your go-kit:

- ✓ Water for yourself, family members, and pets
- ✓ Food: non-perishable and compact
- ✓ Flashlight, radio
- ✓ Change of clothes, extra blankets
- ✓ First aid supplies
- ✓ Copies of prescriptions, extra medications
- ✓ Whistle
- ✓ Batteries
- ✓ Copies of identification cards, social security cards, insurance documents, etc.



SHELTER-IN-PLACE

When emergencies occur, officials may issue shelterin-place or evacuation orders. Although these orders can be issued for various emergencies, it is important to know and practice the difference in these protective actions.

> Shelter-in-place directs individuals to use the nearest suitable physical structure as refuge from a hazardous outdoor or atmospheric threat. Shelter-in-place may be the only immediate option that is viable for certain threats, such as a nonotice toxic hazard or civil unrest.

- Sometimes the safest thing to do is stay inside
- Stay tuned to mass notification systems for the most updated information (see page 7)
- Specific shelter-in-place actions are listed under each hazard in this guide
- Wait until "all clear" message is received before going outside

IMPORTANT NUMBERS

Police (non-emergency) 410-222-8050

Fire (non-emergency) 410-222-8200

BGE Power Outages 877-778-2222

Animal Control 410-222-8900

Constituent Services 410-222-1785

Aging and Disabilities 410-222-4257

Health 410-222-7095

Inspections and Permits 410-222-7790

Office of Transportation 410-222-0022

Public Schools 410-222-5000

Public Schools Student Safety Hotline 877-676-9854

Public Works (dispatch) 410-222-8400

Public Works (general) 410-222-7500

Public Works (roads/snow) 410-222-4040

Sheriff's Office 410-222-1571

Social Services 410-269-4500



You may be asked to evacuate your home or workplace due to a natural or man-made threat. Evacuation may be necessary to protect and sustain life. If you have pets, predetermine a pet-loving relative or hotel that is a safe distance away from the incident. Consider the following checklist to safely evacuate yourself and your family.

- ✓ If you do not own a vehicle, make transportation arrangements in advance
- ✓ Know primary and back up routes to your pre-determined destination
- ✓ Communicate your intentions to friends and family
- ✓ Take only essentials (go-kit, etc.) to save time and space
- ✓ If you are instructed to evacuate, do not wait, get on the road!
- ✓ Quickly secure your home, unplug appliances, lock doors, etc.
- ✓ Keep vehicle's gas tanks full or fill up as soon as possible
- ✓ Take one vehicle and travel in daylight hours, if possible
- Avoid downed power lines and flooded roads; do not drive through deep water
- ✓ Expect heavy traffic, some roads may be closed
- ✓ Follow directions from officials and stay tuned to the radio for updates



EMERGENCY ALERTS

Officials may utilize several different methods to alert you and your community about an impending threat or ongoing emergency. Click the icons below for more information.



- Free, no need to subscribe
- Issued for three categories: Imminent Threats, AMBER, Presidential
- Received based on your location relative to the emergency

Anne Arundel County Departments utilize an emergency notification system, CivicReady©, capable of contacting citizens and businesses quickly in case of an emergency.

• Sent via voice, text, or email

EMERGENCY

- Landlines are automatically subscribed, other modes must be opted into
- Notifications will come from: 866-665-4386 or "Alert Anne Arundel"
- To subscribe, click <u>here</u> or contact the Office of Emergency Management at 410-222-0600

READY

The Office of Emergency Management maintains a presence on *Facebook, Twitter, and Nextdoor.* On these social media platforms, you can find information ranging from upcoming events to real-time emergency updates and notifications.

- Facebook: Anne Arundel County Office of Emergency Management
- Twitter: AACO_OEM
- Nextdoor: Anne Arundel County Office of Emergency Management



A drought is caused when there is a significant amount of below average precipitation over a given amount of time. Droughts can impact Anne Arundel County at any time of the year. Droughts may result in water shortages which can cause harmful impacts on vegetation, animals, and populations. Although there will not be shelter-in-place or evacuation orders issued during droughts, there are preventative steps you can consider to help conserve water.



Building

- Take short showers – only turn water on to get wet, then again to rinse off
- Avoid letting the water run while washing hands and brushing teeth
- Operate dishwashers only when they are full
- Use clothes washers only when they are loaded fully and select the smallest water level possible



Vehicle

- Avoid washing your vehicle
- Perform seasonal maintenance on your vehicle
- Keep a go-kit with emergency supplies, like water, in your vehicle
- Know your routes, especially when traveling secluded areas
- Communicate travel plans with family and friends

 Avoid overwatering your lawn and pools

Outdoors

- If necessary, only water plants in several short sessions, rather than one long one
- In extreme conditions, allow lawns to dry in favor of preserving trees and large bushes
- Avoid leaving sprinklers or hoses unattended





Earthquakes occur when rocks under the Earth's surface break apart, causing rapid vibrations and shaking of the Earth. Earthquakes can happen in Anne Arundel County at any time, without warning. When they occur, the shaking usually lasts less than a minute, but aftershocks can follow for hours or days. There will be no time to evacuate when an earthquake occurs.

If you experience an earthquake and are located in...

/ehicle



Building

- Drop to the ground on your hands and knees
- Cover your head and neck with your arms
- Crawl away from falling objects to safety
- Hold on to a sturdy sheltering object
- Stay where you are until the earthquake has passed



6

- Avoid stopping near buildings, trees, wires, or bridges
- Proceed with caution when the earthquake has passed
- Avoid objects and infrastructure that may be weakened
- Watch for foreign objects in roadways

Outdoors

- Move away from buildings, trees, wires, or other structures that may collapse
- Drop to the ground on your hands and knees
- Cover your head and neck with your arms
- Crawl away from falling objects
- Stay where you are until the earthquake has passed





EXTREME COLD

Extremely cold weather can occur throughout the winter months in Anne Arundel County. Individuals exposed to extremely cold conditions for prolonged periods of time may be at risk of frostbite and/or hypothermia. These are serious illnesses that can cause hospitalization or death. During extremely cold periods, stay indoors for as much time as possible.

Protective actions you can take in other locations are...

Vehicle



Building

- Store several days' worth of nonperishable food, bottled water, and medications
- Keep fireplaces and wood-burning stoves clean
- Never leave space heaters unattended
- Confirm smoke and carbon monoxide detectors are working properly

• Keep a

- Keep an emergency kit in your vehicle for easy access
- Keep an extra blanket, pair of gloves, and hat in your vehicle
 - Fully winterize your vehicle prior to extreme cold
 - Keep your gas tank at least half full
 - Call 9-1-1 at the first sign of frostbite or hypothermia

 Layer clothing and wear a hat, mittens, and scarf
 Avoid getting wet

Outdoors

 Avoid getting wet or wearing cotton materials, if possible

- Wear waterproof shoes or boots
- Drink plenty of water and avoid caffeine or alcohol
- Call 9-1-1 at the first sign of frostbite or hypothermia

 Image: Stay tuned to reliable news sources for winter weather updates



Extreme heat can occur throughout the summer months in Anne Arundel County. Extreme heat has the potential to harmfully impact the body by pushing it to its limits. Individuals exposed to extreme heat can suffer heat-related illnesses which require immediate medical attention. Individuals are advised to spend as much time as possible indoors when extreme heat conditions persist.

Protective actions you can take in other locations are...



Building

- Visit an air-0 conditioned **location** at least once per day
- **Electric fans** provide comfort. but are not enough to prevent heatrelated illnesses
- Take a cool shower or bath to cool off
- Eat light, regular meals
- Frequently check on friends and neighbors without air conditioning





NEVER leave any person, child, or animal unattended in a vehicle

- Allow extra time to cool down your vehicle prior to entering
- Keep a go-kit with • emergency supplies, like water, in your vehicle
- Communicate travel plans with family and friends

)utdoors

- **Dress in loose**fitting, lightweight, light-colored clothes
- **Protect your face** and head from the sun by wearing a brimmed hat
- **Avoid strenuous** work during the hottest times of the day
- Drink more fluids, • regardless of activity level



Stay tuned to reliable news sources for updates about weather conditions



Flooding can occur at any time of the year in Anne Arundel County. Flooding is extremely dangerous and can happen very quickly with little warning. When flooding occurs, it can cause a just a few inches or several feet of water. Flooding can be a result of heavy rain, tropical storms, hurricanes, storm surge, or dams overflowing. Flooding occurs quickly and may require evacuation.

If you are alerted of a Flash Flood Warning and are located in...



Building

- Be prepared to • shelter-in-place or evacuate if necessary
- **Secure your home**
- **Bring in outdoor** • furniture, move essential items to an upper floor
- Turn off utilities at the main switch, if instructed to do so
- Return home only when authorities say it is safe
- Be cautious at • night

- Turn around, don't drown! Vehicle
 - **Reroute your travel** away from the source of flooding
 - Just one foot of \bullet water can carry your vehicle away
 - Do not cross flooded bridges or roadways
 - If water rises around your vehicle but the water is not moving, exit the vehicle to higher ground



- **Immediately move** to higher ground and away from the source of flooding
- It only takes six inches of water to knock a person off their feet
- Do not attempt to cross flooded walkways, streams/rivers, or sidewalks
- **Do not enter** moving water
- **Do not camp in dry** • stream beds





HURRICANE/TROPICAL STORM

Hurricanes and tropical storms can produce high winds, heavy rainfall, storm surge, coastal and inland flooding, rip currents, and tornadoes. Hurricane season runs from June 1 to November 30 each year. Prior to hurricane season, it is important to review your family plans, such as evacuation and communication plans, and refresh your go- kit. If evacuation orders are issued, visit the evacuation page (page 6).

If you choose not to evacuate and you are located in...

Vehicle



Building

- Close storm shutters, stay away from windows
- Prior to power loss, turn your freezer and refrigerator to the coldest setting
- Charge cell phones in case of power loss
- Shelter-in-place until further notice
- Go to a preselected room to seek shelter above ground level

 Stock your vehicle with an emergency kit and spare clothes

B

- Keep the gas tank at least half full
- Do not drive through flooded roadways
- Evacuate when officials say to do so
- Do not cross flooded bridges or roadways

Stay indoors as much as possible

 Avoid entering flood water

Dutdoors

- Watch out for debris and downed power lines
- Seek shelter
- Use judgment when considering outdoor activities
- Stay away from tidal inundation areas and beaches
- Avoid low-lying areas that regularly flood



Bring any special items your child may have to make them feel comforted

Assist older adults and individuals with disabilities



Bring pets indoors or with you when evacuating

Stay tuned to reliable news sources for updates on the storm



SEVERE WEATHER/TORNADO

Severe weather and tornadoes can strike at any time. It is important to heed all warnings from officials. These storms have the potential to bring hail, rain, strong winds, and lightning. Lightning is hotter than the surface of the sun and has the potential to extend 10 miles out from a thunderstorm. Tornadoes are very dangerous and can pack wind speeds in excess of 150 miles per hour.

If you are instructed to shelter-in-place and you are located in...

Vehicle

Building

- Avoid contact with electrical equipment or cords
- Avoid contact with plumbing
- Stay indoors, away from windows and doors
- Seek shelter in an interior room, such as a closet, bathroom, or basement, if possible
- Get to the ground and cover your head and neck



- Safely exit the roadway and park, if possible
- Stay in the vehicle and turn on the emergency flashers
- Avoid touching metal inside and outside of the vehicle
- Remember! Rubber tires do not provide protection from lightning
- Do not drive through flooded roadways





- Postpone outdoor activities
- Move indoors as soon as you see or hear lightning
- If you are in a forest, seek shelter in a low area under a thick growth of small trees
- In an open area, go to a low place like a valley
- In water, get to land and find shelter immediately



Account for children and shelter them with you until the storm passes

Assist older adults and individuals with disabilities



Bring pets inside and shelter them with you until the storms passes

Stay tuned to reliable news sources for weather updates



WINTER STORM

Winter storms may bring heavy snow, ice, and/or freezing rain that can last for several days. Severe winter storm conditions typically are a result of "Nor'easters", strong low pressure systems which have the power to bring tropical storm or hurricane force winds. When these winds are mixed with heavy ice, snow, and extremely cold temperatures, it can cause very dangerous conditions for individuals.

- If you are riding out a winter storm and you are located in...
- Stay indoors as

Building

much as possible •

- Do not use a generator, grill, or other gas burning device inside
- If your carbon monoxide alarm sounds, move quickly to fresh air
- Store several days' worth of nonperishable food and water
- **Never leave space** • heaters unattended

Drive only if it is absolutely Vehicle necessary

- If you must travel, do so during the dav
- Keep an emergency kit in your vehicle
- Keep an extra blanket, hat, and mittens in your vehicle
- Keep the gas tank at least half full
- Call 9-1-1 at the first sign of frostbite or hypothermia

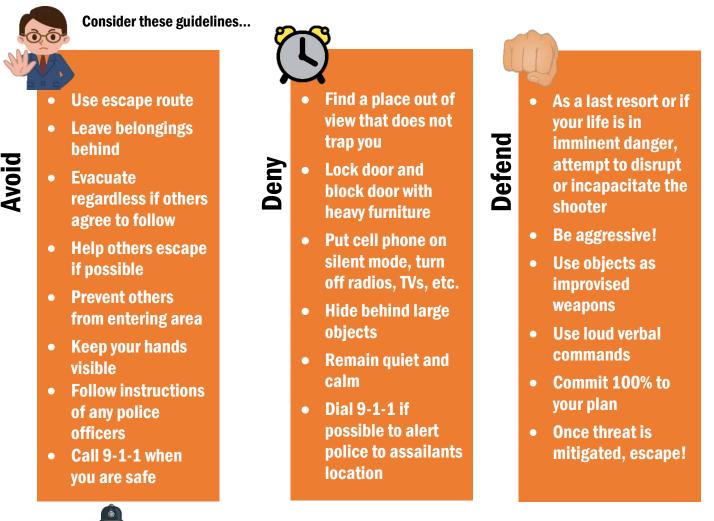


- Take breaks when shoveling snow
- Wear mittens and a hat
- Cover your mouth with a scarf to reduce heat loss
- Call 9-1-1 at the first sign of frostbite or hypothermia
- Keep clothes dry





An active assailant is an individual actively engaged in harming or attempting to harm people in a public place, workplace, or populated area. Active assailants may use a variety of firearms and there may not be a pattern or method to their selection of victims. Active assailant situations are unpredictable and evolve quickly. Individuals must be prepared mentally and physically to deal with an active assailant situation.



Officers may arrive with tactical gear and a variety of weapons



Follow officers' instructions; drop items, put your hands up, and keep visible

Do not grab or hold onto officers as they move towards exits

Provide critical information, i.e. number and description of shooter(s)



BIOLOGICAL THREAT

The first evidence of a biological attack may be when you or others notice symptoms of the disease caused by exposure to an agent. In the event of a biological attack, public health officials may not immediately be able to provide information on what you should do. It will take time to determine exactly what the illness is, how it should be treated, and who is in danger.

Consider these guidelines...

- earn More.
- Follow official news sources to obtain information
- Gather information about signs and symptoms, areas affected, if medications are being distributed, and where you should seek medical attention if you become ill
- If you become aware of a suspicious substance, quickly get away!

Aitigate •

·

Cover your mouth and nose with fabric or a facemask

- If you have been exposed, remove and bag clothes/items and follow instructions for proper disposal
- Wash yourself with soap and water and put on clean clothes
- Avoid crowds, wash hands frequently
- Do not share food and utensils

Seek Treatment

Contact authorities and seek immediate medical attention if your symptoms match those described and you are in a group considered at risk

- Follow instructions of doctors and public health officials
- Expect to receive an evaluation and treatment
- You may be advised to stay from others

Consider installing a High-Efficiency Particulate Air filter in your return duct

Follow basic public health procedures and medical protocols



BOMB THREAT / EXPLOSION

Bomb threats and explosions can occur anywhere, at any time. There are many types of bombs and explosives which can be packaged, used, delivered, and detonated in a variety of ways. Bombs have been used to destroy financial, political, social, and religious institutions. Any person, facility, or event can become the target of a bombing.

Consider these guidelines...



- If you receive a bomb threat call, get as much information from the caller as possible and notify police immediately
- Look out for suspicious mail and packages
- Wash your hands if you handled suspicious mail
- Leave the area and section of any area that may contain a bomb

 Stay under sturdy furniture until debris stops falling
 Exit the building;

- Exit the building; do not use elevators
- Do not stand in front of windows or glass
- Cover your mouth and nose; check for fires or other hazards
- If you are trapped, make noise to signal the rescue team



- Seek medical attention
- There may be large numbers of casualties
- There may be significant damage to property; be careful
- Evacuate the area
- Clean up may take
 months
- Health and mental health resources may be strained or overwhelmed



There are many varieties of explosives and devices; stay alert

If you see something suspicious, say something to officials



Evacuate the area in case there are remaining threats

Aid individuals who may require additional assistance





Cyber security involves protecting infrastructure by preventing, detecting, and responding to cyber incidents. Viruses can erase entire systems and intruders can break into systems, alter files, and use your computer or device to attack others or steal confidential information. Cyber threats can have wide-ranging effects on the individual, community, organizational, and national level.

In the event of a cyber attack, consider these guidelines...

Before

 Do not click on suspicious links or pop-ups, open attachments, or respond to emails from strangers

- Only use secure, password protected networks
- Do not rely on one password for all devices and accounts
- Change passwords frequently
- Use anti-virus software and update as needed



- During
- If an attack occurs at work, contact your IT Department immediately
 - Report sensitive information vulnerability to management
 - Update virus definitions and perform a manual scan
 - If an attack occurs at home, disconnect the device from internet



 Ensure the incident has been reported to police and Federal agencies



- Contact banks and companies to close any compromised accounts
- Ensure an identity theft report is submitted to the <u>Federal Trade</u> <u>Commission</u>
- Contact additional agencies depending on what information was stolen

Cybercrime, hackers, and espionage can pose threats to National Security
Transportation, power, and other services may be disrupted

Compromised networks can allow data breaches and expose information

Personal devices such as computers, tablets, phones, etc. are at risk





Fires account for over 3,000 deaths in the United States each year according to the U.S. Fire Administration. Fires can start in a variety of ways and can happen anywhere, at any time with the right conditions. Escaping a fire as quickly as possible is always the number one objective. Have a plan, account for all family members, and evacuate.

Consider these guidelines if you see a fire or hear a fire alarm...

Vehicle

Building

- Exit immediately, then call 9-1-1
- If there is a fire or smoke with no alarm, pull the fire alarm while exiting
- Close doors behind you and do not open doors that are warm or hot
- Know your exit routes and where your meeting location is
- Do not re-enter the building

- Pull over as quickly as it is safe to do
- Once you have stopped, turn off the engine
- Get everyone out of the vehicle and assist children, older adults, and individuals with disabilities
- Move at least 100 feet away from the vehicle and call 9-1-1
- Never return to a burning vehicle

- **Evacuate the area**
- Call 9-1-1; do not assume someone else already has

Outdoors

- If you are caught in a forest fire, head for the nearest water source or take cover in a low lying area and cover yourself with wet clothing or soil
- Cover your mouth and nose with fabric to avoid inhaling smoke



Communicate your evacuation plans and status with loved ones

Maintain a safe distance, embers can fuel more fires over a mile away



E

Account for children, older adults, individuals with disabilities, and pets

If your clothing catches on fire, STOP, DROP, and ROLL





HAZARDOUS MATERIALS INCIDENT

Hazardous Material (haz-mat) incidents can happen in a variety of ways. Haz-mat incidents can create a cloud of material in the sky, causing communities to be exposed to the chemical. Chemical spills have the potential to damage your lungs, skin, and eyes. Exposure to chemicals can require hospitalization or cause death. If you are asked to evacuate, visit the evacuation page (page 6).

If you are instructed to shelter-in-place and you are located in...

Vehicle



Building

- **Close and lock** doors and windows • Close vents,
 - fireplaces, dampers, and interior doors
 - Turn off ventilation systems
 - Shelter-in-place until further notice
 - Go to a preselected room to seek shelter **located** above ground and with the fewest openings to the outside

Close your windows and car vents

- Turn off heat or air conditioning
- **Reroute your travel** to avoid the contaminated area
- Stop your travel and seek shelter in a permanent building



- **Cover your mouth** and nose with clothing or a mask
- **Remove yourself** from the area and head to safety
- Stay upstream, uphill, and upwind
- Stay away from exposed victims until the hazardous material has been identified



Bring pets inside until the incident has passed

Stay tuned to reliable news sources for updates until "all clear" is issued



Modern nuclear weapons work by combining chemical explosives, nuclear fission, and nuclear fusion. The energy released by the weapon creates a fireball with extremely high temperature. Hazards created by the weapon include: air blast, extreme heat, initial radiation, ground shock, electro-magnetic pulse, and secondary radiation.



- Consider these guidelines...
- Building
- You may only have seconds to take action
- Stay inside
- Get away from windows and towards the center of the building
- Take cover under a heavy desk or table
- Go to a basement, if possible
- Do not look at the flash of bright light from detonation
- Stay sheltered

• Pull vehicle over as soon as possible

- Seek shelter in a sturdy structure
- If you find a shelter follow the building's instructions
 - If you cannot find a shelter, lie flat on the ground in the lowest area you can find
 - Do not look at the flash of bright light from detonation

Seek shelter in a sturdy structure

Dutdoors

- If you find a shelter follow the building's instructions
- If you cannot find a shelter, lie flat on the ground in the lowest area you can find
- Do not look at the flash of bright light from detonation
- Sheltering from radiation and fall out is critical for up to two weeks



Food sources can be contaminated with radiation

Vehicle

Have essential supplies stocked to avoid going outside as much as possible



Be aware that communications may be affected by the event

Stay tuned to reliable news sources for updates







NUCLEAR POWER PLANT INCIDENT

Nuclear Power Plant incidents can cause radiation exposure. Exposure can be from the release of radioactive materials from the Plant into the environment, usually from a plume (cloud-like formation) of radioactive gases and particles. The major hazards in the vicinity of the plume are radiation exposure from the cloud and particles on the ground, and inhalation and ingestion of radioactive materials.



Prepare

- Consider these guidelines...
- Monitor TV and radio for updates
- **Prepare for** • evacuation, have vehicle fueled and bags ready
- Have a plan for • children. older adults, individuals with disabilities, and pets
- Use texts and emails to keep phone lines open for officials



Prepare the same way you would for sheltering-in-place during a storm or similar hazard

- **Close windows and** • doors and turn off ventilation systems
- If instructed, cover windows with plastic and seal with tape
- Keep children and • pets inside
- Do not evacuate unless instructed to do so

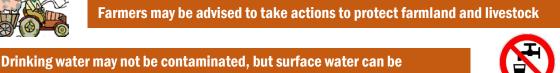


If instructed to



- evacuate, do so **Understand the** emergency plans of your family's
- school, nursing homes, and similar facilities
- Some evacuation plans involve moving people to reception sites
- Know where you are going and communicate your plan with family and loved ones







Anne Arundel County is within 50 miles of two nuclear power plants

Reference "Planning for Nuclear Incidents" on OEM's website



RIOT/CIVIL UNREST

Riots and civil unrest are often the result of ideological conflict and may include protests, demonstrations, civil disobedience, and other forms of obstruction. Although many expressions of civil unrest are generally safe and legal, a civil unrest hazard occurs when the level of public disorder becomes a threat to health, safety, and property.



Building

Consider these guidelines...

- Stock essential items such as water, food, and medical supplies
- Be prepared to evacuate quickly with your go-kit
- Lock doors, close windows, and move heavy furniture in front of entries to prevent intruders
- Do not go outside unless absolutely necessary, especially at night

 Plan your route(s) and destination

- Avoid crowded areas and travel away from incident
- Keep doors and windows closed and locked

Vehicle

- Do not allow anyone to enter your vehicle
- Be prepared to escape by foot, if necessary
- Be aware that roads may be closed or blocked

Seek shelter if possible

 Avoid bridges, tunnels, and overpasses

Dutdoors

- Do not make yourself a target; be discreet and keep moving away from the incident
- Keep situational awareness and control the distance between yourself and protesters
- Be prepared to defend yourself



Account for children and keep them with you until the incident has passed

