

North Arundel Aquatic Center General Rules (7/2021)

- 1. Admission or program fees must be paid or aquatic passes registered prior to entering the natatorium.
- 2. Youth 12 and under must be accompanied by a paid adult 18 years or older. One paying adult is required for every 5 children under the age of 12. The adult is responsible for the direct supervision of the children in his/her care. Children must not be left alone.
- 3. <u>Children must be 3 years and fully toilet trained; No Diapers, Swim Diapers, "Swimmies", or Pull Ups in the pool at any time.</u>
- 4. Glass containers, beverages, pets (service animals excluded), food and gum are prohibited in the pool, locker rooms and on the pool deck.
- 5. Persons with skin infections, open wounds, nasal or ear discharge, or any communicable disease are not permitted in the pool or spa.
- 6. Patrons under the influence of alcohol or drugs will not be permitted in the facility.
- 7. Refunds will not be issued for closings due to fecal accidents, weather and other safety issues. The pool and pool deck will be cleared during lightning storms.
- 8. Smoking is prohibited inside the facility and in parking areas.
- 9. Only groups scheduled through the Aquatic Center may bring food into the facility.
- 10. All patrons must enter through the main entrance; failure to do so may result in removal from the facility.
- 11. All swimmers must shower prior to entering the pool.
- 12. Swimsuits appropriate for a family facility are required. Cotton shorts and jean shorts are not appropriate swim attire.
- 13. Prolonged underwater swimming for distance and underwater breathing exercises are not permitted.
- 14. Persons unable to swim 25 yards without stopping are not permitted in water over their shoulders.
- 15. A swim test may be required prior to using the lap pool.
- 16. Use of <u>approved</u> U.S. Coast Guard flotation devices is permitted. Use of an approved flotation device by a non-swimmer requires <u>DIRECT</u>, adult supervision, in the water.

- 17. Starting blocks may only be used by Recreation and Parks approved programs.
- 18. Kickboards are to be used in lap lanes only; proper usage is required. Balls, inner tubes, toys, dive sticks etc. are not permitted.
- 19. Running, pushing, horseplay and foul language are prohibited.
- 20. No photography equipment or cell phones or recording devices of any kind can be used in the locker room.
- 21. It is a violation of Anne Arundel County Code for patrons to receive payment for instruction or coaching that is not affiliated with this facility.

Spa Rules

- 1. Patrons must be at least 18 years of age to use the spa.
- 2. Pregnant women and patrons with cardiovascular problems, diabetes, and high or low blood pressure should not enter the spa without medical consultation.
- 3. The maximum capacity of the spa is 16.
- 4. A 10-minute time limit is suggested for the spa.
- 5. No jumping or diving into the spa.

Water Feature Rules

Yellow Slide

- 1. Swimmers must be at least 48 inches tall without shoes to use the yellow water slide. No one under 48 inches tall will be permitted to go down the slide.
- 2. Only one person is allowed on the slide at a time. No lifejackets are allowed.
- 3. Swimmers must ride feet first on their back, with arms and legs crossed. Sitting is allowed if you keep your legs crossed. No head first or face down riding positions permitted.
- 4. No stopping, turning, standing, kneeling or rotating.
- 5. Swimmers must exit the splash area immediately at the steps.

Red Slide

- 1. Must be less than 48 inches tall to use the preschool slide.
- 2. One rider at a time; wait for the landing area to be cleared.

Vortex Pool

1. Must keep head above water at all times. Do not stop or hang on the wall. Enter the pool at opening; do not climb

Lap Lanes

- 1. Lap lanes are for continuous exercise and swimming only.
- 2. Standing or stopping in the lanes is not permitted unless it is an emergency. Swimmers are not permitted to hang on lane lines.
- 3. Lanes must be shared, and circle swimming is encouraged.
- 4. Starting blocks may only be used by Recreation and Parks approved programs.
- 5. Diving and/or flips are not permitted.
- 6. A swim test 50 yards and 30 seconds of treading water will be administered for youth under 18.

Guards have the authority to enforce all pool rules. Patrons who violate the rules may be asked to leave the facility.

The Recreation and Parks Department reserves the right to refuse admittance into the facility when the maximum capacity of the pool has been reached or when otherwise deemed necessary for the health, welfare or safety of its patrons.