Workshop Series Sponsors

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Anne Arundel County Department of Aging & Disabilities
720 Ritchie Highway
Glen Burnie, MD 21061

While grateful for our sponsors, the Department of Aging & Disabilities does not endorse any particular vendor or business. Anne Arundel County reserves the right to approve and/or refuse potential sponsors.

Family Caregiver Educational Workshop Schedule

2017-2018

National Family Caregiver Support Program

Some days, doing “the best we can” still falls short of what we would like to be able to do, but life isn’t perfect on any front – and doing what we can with what we have is the most we should expect of ourselves or anyone else.

Fred Rogers

Anyone needing special accommodations must contact Mary Chaput at 410-222-4339 or by e-mail at agchap01@aacounty.org at least seven days in advance of the event. TTY users, please call via Maryland Relay 7-1-1.
MEET THE STAFF – DISCOVER THE PROGRAMS
Department of Aging & Disabilities
Staff
A panel of Anne Arundel County’s Department of Aging & Disabilities staff will share the myriad of services offered by the Department for seniors, adults with disabilities, and caregivers.

**Thursday, Sep. 7, 2017; 6:30-8:30 pm**
Ann Arbor Senior Activity Center
119 S. Villa Avenue, Annapolis

**Thursday, Sep. 14, 2017; 1:00-3:00 pm**
Department of Aging & Disabilities
North County Office
7320 Ritchie Highway, Glen Burnie

Caring for Someone with a Mental Illness
Kim Burton, Director of Older Adult Programs, Maryland Coalition on Mental Health & Aging
There is no ‘one size fits all’ model for supporting someone with a mental illness. How you care for someone will depend on you and the person you care for. Maintaining your physical and mental health makes you more resilient, helping you weather hard times and enjoy good ones.

**Thursday, Oct. 5, 2017 (6:30-8:30 pm)**
Pascal Senior Activity Center
125 Dorsey Road, Glen Burnie

Stages of Dementia
Jennifer FitzPatrick, MSW, LCSW-C
This program will cover the three stages of Alzheimer’s Disease as well as other dementias. What are the symptoms of these stages and how should we treat them? How should we communicate with patients transitioning through these stages? This interactive discussion will also include best practices in communication, understanding behaviors and end of life with dementia.

**Thursday, Nov. 2, 2017 (6:30-8:30 pm)**
Ann Arbor Senior Activity Center
119 S. Villa Avenue, Annapolis

Different Types of Dementia
Ann Morrison, PhD, RN.
As understanding of the brain has grown, science has been able to identify and differentiate many causes of dementia. While Alzheimer’s is the most common type of dementia, newly acquired knowledge and technologies are allowing doctors to diagnose and distinguish different types of dementias better than ever before.

**Thursday, Mar. 1, 2018 (6:30-8:30 pm)**
Pascal Senior Activity Center
125 Dorsey Road, Glen Burnie

Is Your Loved One’s Pharmacy Keeping Up?
Pharmacy Staff, Arnold, Annapolis, MedPark and Empire Professional Pharmacy & Medical Equipment
Please come join our pharmacist for an informative time as we discuss how pharmacy has evolved. Topics include, compliance packaging, synchronization of medicines, vitamin and nutritional support for seniors, immunizations, compounding as well as other pharmaceutical health trends.

**Thursday, Apr. 5, 2018; 6:30-8:30 pm**
Ann Arbor Senior Activity Center
119 S. Villa Avenue, Annapolis

Communicating through Behaviors
Department of Aging Staff
This workshop encompasses an experiential learning tool followed by a debriefing and educational component. Space is limited; registration by phone is required.

**Thursday, Sep. 19, 2017; 6:30-8:30 pm**
Department of Aging & Disabilities
North County Office
7320 Ritchie Highway, Glen Burnie

Palliative Care
Hospice Chesapeake
Palliative care, a specialized type of health care for patients with serious health condition, aims to improve the quality of life for patients and their families. Often confused with hospice care, palliative care is appropriate at any stage of an illness, can be used with curative treatments, and is often an extra layer of support to help provide relief from symptoms and manage stress.

**Thursday, Jun. 7, 2018 (6:30-8:30 pm)**
Ann Arbor Senior Activity Center
119 S. Villa Avenue, Annapolis

Understanding Palliative Care
Hospice Chesapeake
Palliative care, a specialized type of health care for patients with serious health condition, aims to improve the quality of life for patients and their families. Often confused with hospice care, palliative care is appropriate at any stage of an illness, can be used with curative treatments, and is often an extra layer of support to help provide relief from symptoms and manage stress.

**Thursday, Apr. 17, 2018; 1:00-3:00 pm**
Department of Aging & Disabilities
North County Office
7320 Ritchie Highway, Glen Burnie

Pre-registration **by phone is required** for the Communicating through Behaviors as space is limited: 410-222-4375/4339.