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Anne Arundel County R&P **2011 Official Youth Field Hockey Rules**

Division of play

Stickettes: There shall be no division of play.

Pee Wee: Teams will be divided into either more or less experienced divisions of play.

Middies: There shall be 3 divisions of play: A, B, C

Juniors: There shall be 3 divisions of play: A, B, C

High School: There shall be no division of play.

Start Date

The fall youth field hockey league will begin on **Saturday, September 10th, 2011.**

Rescheduling of Games

Rescheduled Games:

The county will **NOT** reschedule games cancelled by the coaches or organizations. **Rainout games will not be rescheduled.**

Canceled games by coaches or organizations without notification and acknowledgement by the county commissioner prior to game time will result in full payment to the officials by the organization.

Officials (No-Show): Game will be rescheduled.

Minimum Play

Each player in uniform shall play a minimum of 50% of each game for **ALL AGES/DIVISIONS.** The mandatory participation guidelines are for all County-sponsored youth sports. The guidelines shall be used in league and tournament play except in cases of illness, injury or disciplinary action.

Schedules and Standings

The schedules and standings for the Field Hockey Season will be available at www.aacounty.org/recparks. The schedules will be updated weekly with the game results that have been reported. Sticklette's and PeeWee's **do not** keep score or standings.

Standings:

It is required that Middies and Junior teams call in their game score. Results can be reported to the Recreation & Parks Department by email at rplibe01@aacounty.org or call (410) 222-7865. The winning team must call in score within 12 hours of completion of the game. When calling in score, please leave the following information: league name, location of game, both team names, final score, number of officials and if there were any problems. *Failure of calling in game score could result in a loss!*

Rosters Packets:

The roster packet information must be returned to the Recreation & Parks Office on or before **Friday, September 2, 2011.**

75% of the Players on the team MUST reside in Anne Arundel County.

The Roster Packet should be complete with the following items of information:

- ✓ **Youth Roster.** Turn in both copies of the Roster.
- ✓ **Players contract for each player on the roster.** *All signatures are required on the contract. A player release is required for all players that answer Yes to Question 1 and No to Question 2 on the Youth Player Contract.*
- ✓ **Head Coaches Pledge.** *One form for the Head Coach. All Coaches (head and assistant) MUST have a Background Authorization completed **BEFORE** they can participate with the team. Failure to do so may result in the Suspensions of the Head Coach and Assistant Coach. It is the Head Coach's responsibility to ensure completion background check for all Assistant Coaches.*

Rules

HIGH SCHOOL

Games will follow NFHS Rules with the Following exceptions:

1. 25-minute halves, time only stopped for injuries, and timeouts (1 per team, per game). 5 minute half times.
2. Teams play 11 on 11. Must have a Goalkeeper in full goalie gear (Lacrosse Chest Protector is acceptable).
3. A player who has not paid and registered with the county will **NOT** be permitted to play.
4. In case of a tie at the end of a regulation game, teams will play in (1) 7-minute OT, 7 v 7 sudden victory. Substitutions are allowed unless a player has been disqualified or the team was playing short during regulation play and the yellow card time has not expired from regulation play. There will be 2 minutes between the end of the game and OT. At the end of the overtime play, if no team has a point advantage, the game will be reported as a tie.
5. Defenders must move back 7 yards during a free hit. If the 7 yards is not given, the defensive player may not play the ball until it has been touched by another player.
6. No goal can be scored by an attacker from the penalty corner hit until the ball has left the circle and this is brought back into the circle.
7. Yellow cards are a minimum of 5 minutes of playing time. The official may impose 10 minutes depending on the severity of the foul and the team will play short. Straight red cards are an immediate disqualification of the player, the team will play short and the opposing team awarded a penalty stroke.
8. Any player receiving a red card for unsportsmanlike conduct will not be allowed to play in the team's next two scheduled games. Conduct that is of a nature or incites behavior that could cause bodily harm to spectators or participants will be cause for expulsion from the league.
9. Officials will be paid \$40 per team.
10. Ariels are permitted.

JUNIOR

Games will follow NFHS Rules with the Following exceptions:

1. 25-minute halves, time only stopped for injuries, and timeouts (1 per team, per game). 5 minute half times.
2. Teams play 11 on 11. Must have a Goalkeeper in full goalie gear (Lacrosse Chest Protector is acceptable).
3. In case of a tie at the end of a regulation game, teams will play in (1) 7-minute OT, 7 v 7 sudden victory. Substitutions are allowed unless a player has been disqualified or the team was playing short during regulation play and the yellow card time has not expired from regulation play. There will be 2 minutes between the end of the game and OT. At the end of the overtime play, if no team has a point advantage, the game will be reported as a tie.
4. Defenders must move back 7 yards during a free hit. If the 7 yards is not given, the defensive player may not play the ball until it has been touched by another player.
5. No goal can be scored by an attacker from the penalty corner hit until the ball has left the circle and this is brought back into the circle.
6. Yellow cards are a minimum of 5 minutes of playing time. The official may impose 10 minutes depending on the severity of the foul and the team will play short. Straight red cards are an immediate disqualification of the player, the team will play short and the opposing team awarded a penalty stroke.
7. Any player receiving a red card for unsportsmanlike conduct will not be allowed to play in the team's next two scheduled games. Conduct that is of a nature or incites behavior that could cause bodily harm to spectators or participants will be cause for expulsion from the league.
8. Officials will be paid \$40 per team.
9. Ariels are permitted.

MIDDIES

Games will follow NFHS rules with the following exceptions:

1. 25-minute halves, time only stopped for injuries, and timeouts (1 per team, per game). 5 minute half times.
2. Teams play 11 on 11. Must have a Goalkeeper in full gear (Lacrosse Chest Protector is acceptable)
3. In case of a tie at the end of a regulation game, teams will play in (1) 5-minute OT, 7 v 7 sudden victory. Substitutions are allowed unless a player has been disqualified or the team was playing short during regulation play and the yellow card time has not expired from regulation play. There will be 2 minutes between the end of the game and OT. At the end of the overtime play, if no team has a point advantage, the game will be reported as a tie.
4. Defenders must move back 7 yards during a free hit. If the 7 yards is not given, the defensive player may not play the ball until it has been touched by another player.
5. No goal can be scored by an attacker from the penalty corner hit until the ball has left the circle and this is brought back into the circle.
6. Yellow cards are a minimum of 5 minutes of playing time. The official may impose 10 minutes depending on the severity of the foul and the team will play short. Straight red cards are an immediate disqualification of the player, the team will play short and the opposing team awarded a penalty stroke.
7. Any player receiving a red card for unsportsmanlike conduct will not be allowed to play in the team's next two scheduled games. Conduct that is of a nature or incites behavior that could cause bodily harm to spectators or participants will be cause for expulsion from the league.
8. Officials will be paid \$35 per team.
9. Ariels are permitted.

PEE WEE

Games will follow NFHS Rules, with the following exceptions:

1. 20 minute halves, running clock - time only stopped for injuries. 5 minute half times.
2. Teams will play 7 on 7. Playing field is approximately 50 yards in length.
3. Substitutions on whistles only.
4. "Kick" in the circle will not be scored as a Goal.
5. The third player Obstruction rule will not be enforced. If the amount of players on the ball is uneven and has more than two players per team, then the whistle will be blown. The team with fewer players will be awarded the ball.
6. Coaches may not obstruct game or interfere with referees.
7. Penalty corners will be given. 3 players back at midline
8. No time outs.
9. Must have a Goalkeeper in full gear (Lacrosse Chest Protector is acceptable)
10. Defenders must move back 7 yards during a free hit. If the 7 yards is not given, the defensive player may not play the ball until it has been touched by another player.
11. No goal can be scored by an attacker from the penalty corner hit until the ball has left the circle and this is brought back into the circle.
12. Officials will be paid \$30 per team.

STICKLETTES

Games will follow NFHS Rules, with the following exceptions,

1. 4 - 10 minute quarters, running clock - time only stopped for injuries. 5 minute half times.
2. Teams will play 6 on 6. Playing field is approximately 50 yards in length.
3. Substitutions on whistles only.
4. "Kick" in the circle will not be scored as a Goal.
5. The third player Obstruction rule will not be enforced. If the amount of players on the ball is uneven and has more than two players per team, then the whistle will be blown. The team with fewer players will be awarded the ball.
6. One Coach from each team will officiate the game.
7. No Penalty corners will be given.
8. No time outs.
9. There will be no cardable offenses to players.

ALL LEAGUES

1. **Players can only play on one (1) team.** Players cannot play down, but they can play up. Players playing on a high school field hockey team may **not** play in the County leagues.
2. Spectators must be on the opposite side of the field of all players and coaches.
3. All Fields are Tobacco-Free Zones. Tobacco use is prohibited on school property and there is a 100-yard Tobacco-Free Zone at all County Park and High School Turf Fields.
4. Uniforms - Teams must have numbered shirts (same color). No goalie jersey is required; however, goalie jersey must be the same team color and worn over the chest protector. Teams must have matching color leg protection.
5. No jewelry.
6. Mouth guards must be colored not clear or white and worn by **all** players.
7. **Goggles** meeting the Field Hockey requirement of: ASTM- F2713-09 must be worn by **all** field players.
8. Field Hockey Shin guards no more than 1/2 inch from the base of the kneecap and have ankle-padded protection are required.
9. Games may be played without regulation number of players; however, a goalie must be in full pads along with 4 field players to start the game.
10. Officials will keep time on the field.
11. Coin toss will determine possession of ball OR which goal to defend.
12. Players shake hands, not sticks following games.

13. Coaches are encouraged to use their designated captains for any questions to the officials. Comments or concerns should be made in writing to your specific Organization's Field Hockey Commissioner.
14. All players, coaches and spectators are subject to the rules and regulations in the A.A. County Recreation and Parks Guidelines and Reference Manual, as well as, cardable offenses by the officials.
15. There will only be a maximum of three (3) coaches allowed on each team sideline at any time.
16. Timeouts can only be called when a team has possession. Timeouts will NOT be permitted on Penalty Corners.

Rain Policy

- Commissioners must call Recreation & Parks at (410) 222-7865 on game day and leave a message on the Sports Supervisor's voice mail at (410-222-7865 ext. 3535) or cell # 443-336-1603 if your field is in unplayable condition for that day/night's game. The County will decide whether cancellations will be made for the whole county or for particular fields and this decision will be posted on the website. The sports supervisor will notify the head of the officials.
- Inclement weather decisions made by the County will be posted at 4:30 p.m. on weekdays. Please call the hotline number at (410) 222-7312 or check the website for game cancellations: <http://www.aacounty.org/RecParks/cancellation.cfm>.
- If games have not been cancelled (*there will NOT be an update*), go to the field where the official will determine whether the field is playable. If the game is cancelled at the site, all games will be cancelled at that location and it is up to the home team commissioner/head coach to call:
 1. The head of the officials (*Commissioners will have the number for the Officials*)
 2. All teams scheduled to play at their field on that day.
 3. The Sports Supervisors voice mail (410-222-7865 ext.3535) or cell # 443-336-1603.
- If it rains after the game has started, it is to be determined by the official if the game should be stopped for inclement weather. If the game is cancelled, all games will be cancelled at that location. Once a decision has been made, the head coaches should notify the commissioner and the commissioner should notify:
 1. The head of the officials (*Commissioners will have the number for the Officials*)
 2. All teams scheduled to play at their field on that day.
 3. The Sports Supervisor's voice mail (410-222-7865 ext. 3535) or cell # 443-336-1603.

If game cancellation is due to inclement weather and play has entered the second half, game counts as played.
- **Weekday Cancellation:** Notification by above policy must be made **by 3:00pm.**
- **Saturday Cancellation:** Notification by above policy must be made **by 7:00am.**
- **Sunday Cancellation:** Notification by above policy must be made **by 10:15am**
 - Inclement weather decisions made by the County will be posted at 7:30 a.m. on Saturdays and 11:00a.m. on Sundays. Please call the hotline number at (410) 222-7312 or check the website <http://www.aacounty.org/RecParks/cancellation.cfm> for game cancellations.