



Department of Aging and Disabilities

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For Immediate Release

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Brooklyn Park Senior Center's February activities

Annapolis, MD (Feb. 1, 2012) – The Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park, has announced activities during February. For information, call 410-222-6847.

- Since the Brooklyn Park Senior Activity Center has a new billiards table, courtesy of its advisory council, there will be basic pool lessons offered for the ladies from 10 to 11 a.m. Feb. 9 at the center. Participants will learn techniques such as stance, aim, cue ball control, center ball, and follow-draw. The center's advisory panel also has purchased a shuffleboard game.

- The center's Valentine's Day party will be held from noon to 2 p.m. Feb. 14 with entertainment by Play Today Music, "Hugs and Kisses" candy jar game, a gift basket raffle, the center's version of the "Newly Wed" game, and refreshments. The cost is \$3. Call 410-222-6847 for information.

- Patience Menakaya, originally from Nigeria, will prepare samples of moi-moi, a food that is very nutritious and very high in protein at the program during Black History month at 10 a.m. Feb. 13 at the center.

- Naeemah Raqib from the University of Maryland Cooperative Extension, will present "Exotic Vegetables of the Month" from 10:30 to 11:30 a.m. Feb. 16 at the center. Learn more about rare and prized vegetables.

- J.J. Beckwith from the county Department of Health will talk about the signs and symptoms of a heart attack and how they are different between men and women at a Heart Month program from 10:30 to 11:30 a.m. Feb. 22 at the center.

- Visit the Amish Market and other sites at the Annapolis Harbour Center with a van trip from 10:30 a.m. to 1 p.m. Feb. 17. This trip is popular; signup now.

- The center will celebrate birthdays at a party at noon Feb. 23. The Roundhouse Ramblers, a string band from Baltimore, will perform music from the 1940s to 1960s.

- Greg Markomanolakis, a senior advisor, will discuss irrevocable funeral trusts on Feb. 29 at the center. Call for the time. He will answer questions on how the Deficit Reduction Act of 2005 affects your ability to give away assets. The "look back" rule has been extended from 36 to 60 months. Any paid-up life insurance policy also must be redeemed and used to pay for your expenses before you can qualify for Medicaid.

The Brooklyn Park Senior Activity Center is one of seven senior centers operated by the Anne Arundel County Department of Aging and Disabilities and is open from 8 a.m. to 4:30 p.m. weekdays. Membership is free. Call 410-222-6847 for information.

- Making Life Better -