



**Department of Aging and Disabilities**

Pamela A. Jordan

Director

2666 Riva Road, Suite 400

Annapolis, Maryland 21401

441-222-4464

[www.aacounty.org/Aging](http://www.aacounty.org/Aging)

**County Executive John R. Leopold**

For Immediate Release

Mary P. Felter, Public Information Officer

410-222-4464, Ext. 3051

[mfelter@aacounty.org](mailto:mfelter@aacounty.org)

## **Schedule Change for Living Well with Chronic Conditions Classes**

Annapolis, MD (Feb. 6, 2012) – The dates of a free workshop series on “Living Well with Chronic Conditions” have been changed, and two other workshops have been canceled because of low enrollment.

The series helps adults with chronic conditions as well as caregivers to take control of their lives and live healthier through learning new techniques for coping.

Registration is underway for the series to be offered from 1 to 3:30 p.m. on Fridays now scheduled for Feb. 24 and March 2, 9, 16, 23 and 30 at the Glen Forest Senior Apartments, 7975 Crain Highway, Glen Burnie. The series also is being held at Anne Arundel Medical Center in both morning and evening sessions.

The series has been canceled at Brooklyn Park Senior Activity Center and at the Life Center in Annapolis.

For more information, call 410-222-4366, Ext. 3057, or e-mail Pam Toomey at [agtom88@aacounty.org](mailto:agtom88@aacounty.org) or go online to [www.aacounty.org/aging](http://www.aacounty.org/aging) and scroll down to the workshop series information.

*- Making Life Better -*