



Department of Aging and Disabilities

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For Immediate Release

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Caregiver Support Groups

Annapolis, MD (Jan. 23, 2012) – Three caregiver support group meetings are scheduled in February by the National Family Caregiver Support Program of the Anne Arundel County Department of Aging and Disabilities. The groups provide information about helpful resources as well as generate camaraderie for caregivers.

A caregiver support group will meet from 1 to 2:30 p.m. Feb. 1 at the Pascal Senior Activity Center, 125 Dorsey Road, Glen Burnie. This new support group is held for individuals located in the northern part of the county.

A support group for only men will be held from 6:30 to 8 p.m. Feb. 14 at the Arnold Senior Activity Center, 44 Church Road, Arnold. The group was established when men who are caregivers decided they have unique issues which they wish to discuss and to seek support from other men in similar circumstances.

A caregiver support group will meet from 1 to 2:30 p.m. Feb. 21 at the Department on the fourth floor of the Heritage Building Complex, 2666 Riva Road, Annapolis. The meeting is open to all those who are caregivers.

The National Family Caregiver Support Program provides information, respite, and support to people who give care to family and friends. For information, call 410-222-4464, Ext. 3043, e-mail caregiver_support@aacounty.org or visit the website at www.aacounty.org/aging.

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