



## Department of Aging and Disabilities

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For Immediate Release

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### Caregiver Support Groups

Annapolis, MD (Oct. 24, 2011) – Three caregiver support group meetings are scheduled by the National Family Caregiver Support Program of the Anne Arundel County Department of Aging and Disabilities.

A support group just for men will be held from 6:30 to 8 p.m. Nov. 8 at Arnold Senior Activity Center, 44 Church Road, Arnold. This is a new support group for men only and will meet regularly on the second Tuesday of each month. The next meeting will be Dec. 13.

One group will meet from 1 to 2:30 p.m. Nov. 9 at the Pascal Senior Activity Center, 125 Dorsey Road, Glen Burnie. This is a new support group held for individuals located in the northern part of the county, but the meeting is open to all and is held on the second Wednesday of each month. The next meeting will be on Dec. 14.

Another caregiver support group will meet from 1 to 2:30 p.m. Nov. 15 at the Department on the fourth floor of the Heritage Building Complex, 2666 Riva Road, Annapolis. The meeting is open to all those who are caregivers and meets the third Tuesday of each month. The next meeting will be Dec. 20.

The National Family Caregiver Support Program provides information, respite, and support to people who give care to family and friends. For information, call 410-222-4464, Ext. 3043, e-mail [caregiver\\_support@aacounty.org](mailto:caregiver_support@aacounty.org) or visit the website at [www.aacounty.org/aging](http://www.aacounty.org/aging).

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