



## Department of Aging and Disabilities

Pamela A. Jordan

Director

2666 Riva Road, Suite 400

Annapolis, Maryland 21401

441-222-4464

[www.aacounty.org/Aging](http://www.aacounty.org/Aging)

County Executive John R. Leopold

For Immediate Release

Mary P. Felter, Public Information Officer

410-222-4464, Ext. 3051

[mfelter@aacounty.org](mailto:mfelter@aacounty.org)

### **“The Future is Now! Are You Ready?” workshop**

Annapolis, MD (Oct. 20, 2011) – “The Future is Now! Are You Ready?” workshops, a popular series offered free by the Anne Arundel County Department of Aging and Disabilities, will continue Nov. 16 from 6:30 to 8:30 p.m. at the Arnold Senior Activity Center, 44 Church Road, Arnold.

Mary Fridley, founder of Gero-Resources, LLC, and Sherrill Ross-Wieneke, vice president, clinical operations, Hospice of the Chesapeake, will speak on “Future Conversations... Today.” Anyone who has wondered when it is time to stop aggressive medical treatment and shift to non-medical palliative care for a loved one with dementia will get good information at this program. The speakers will go beyond Advance Directives and provide information on how to ask the right questions now and get answers so future decisions can be made with confidence.

“These programs have been well received by the public in the past, because the population is aging and people are seeking information to prepare themselves or their loved ones for the future,” says Mary Chaput, director of the National Family Caregiver Support Program at the department. “Many attendees are caregivers of their parents or another loved one, and they want questions answered in advance of a family crisis.”

The Nov. 16 workshop is sponsored by Anne Arundel Medical Center and DesignAbility. While grateful for support which helps to cover the costs of the workshops, the Department of Aging and Disabilities does not endorse any particular vendor or business.

To register, go online to [www.aacounty.org/aging](http://www.aacounty.org/aging) or call 410-222-4464, Ext. 3094. Anyone needing accommodations must contact Mary Chaput at 410-222-4464, Ext. 3045, or by e-mail at [agmach01@aacounty.org](mailto:agmach01@aacounty.org) at least seven days in advance of the event. TTY users should call via Maryland Relay at 7-1-1.

- *Making Life Better* -