



Department of Aging and Disabilities

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For Immediate Release

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South County Senior Center announces October programs

Annapolis, MD (Sept. 27, 2011) – The South County Senior Activity Center has announced programs for the month of October at the center, 27 Stepneys Lane, Edgewater. For information, call 410-222-1927 or visit www.aacounty.org/aging.

- The South County Senior Activity Center will present the Project Natale Jazz Band at 1 p.m. Oct. 5 at the center, 27 Stepneys Lane, Edgewater. The band is known for infusing the old with the new musical styles. For information, call 410-222-1927.

- Stock up for your winter reading at the gigantic book sale to be held from 9 a.m. to 1 p.m. Oct. 7 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. For information, call 410-222-1927.

- Dr. Jonathan R. Holtzman of Annapolis Chiropractic Associates will speak on “Arthritis in Seniors: Causes and Treatments” at 12:30 p.m. Oct. 11 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. There will be an opportunity for questions after the presentation. Call the center at 410-222-1927 for information.

- Join the staff from the county Department of Aging and Disabilities Senior Health Insurance Assistance Program for a presentation, “Medicare Open Enrollment Dates Have Changed.” Open enrollment is Oct. 15 to Dec. 7 now. Learn what you need to consider during this year’s open enrollment period at this talk at 10 a.m. Oct. 12 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. Call 410-222-1927 for information.

- A free glaucoma screening will be held from 10 a.m. to noon Oct. 17 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. The brief presentation will be by the Maryland Society for Sight followed by the screenings. Sign up at the front desk. Call 410-222-1927 for information.

- Members of the South County Senior Activity Center, 27 Stepneys Lane, Edgewater, can attend a free senior fun day from 9:30 to 11:30 a.m. Oct. 19 at Annapolis Bowl on Generals Highway in Annapolis. The event includes two free games of bowling, shoe rentals, and refreshments. Sign up at the center. Registration is required and limited van service will be available. Call 410-222-1927 for information.

- “Canine Solutions for Seniors” is the title of a presentation and demonstration by Ilene Caroom and her dog at 1 p.m. Oct. 19 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. Individualized dog training starts by asking, “What can your dog do that will help you in your daily life?” Whether it’s picking up something you dropped, helping you pull off your shoes, alerting you to an alarm you didn’t hear, or simply putting their toys in a basket, dogs love having a job to do. For information, call 410-222-1927 or come see the demonstration.

- The South County Senior Activity Center, 27 Stepneys Lane, Edgewater, will present “Johnny Cash,” as portrayed by Jed Duvall. The performed presented an Elvis show at the center in June, and now will portray the King. Call the center at 410-222-1927 for information.

- A Halloween party will be held from 12:30 to 2:30 p.m. Oct. 31 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. Participants can come dressed in a costume and enjoy an afternoon of Halloween fun. The music will be by DC John Armetta and refreshments will be served. Call 410-222-1927 for information.

- The Hearts of Gold “fun” fund-raiser will be held through October, with a silent auction at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. Bidding at the silent auction ends at 2:30 p.m. Oct. 31. This year the proceeds will be equally divided between the American Cancer Society and the Alzheimer’s Association. Next year two different charities will be chosen from nominations from the center members. To date, just over \$4,000 has been raised. For information, call 410-222-1927.

The South County Senior Activity Center is one of seven senior centers operated by the Anne Arundel County Department of Aging and Disabilities. For information, call 410-222-4464, or visit www.aacounty.org/aging.

- Making Life Better