



Department of Aging and Disabilities

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For Immediate Release

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O'Malley Senior Center announces October events

Annapolis, MD (Sept. 26, 2011) – The O'Malley Senior Activity Center, 1275 Odenton Road, Odenton, announces programs and events for the month of October. For information, call the center at 410-222-6227 or visit www.aacounty.org.

- A plant sale will start Oct. 4 at 8:30 a.m. at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton, and continue through the week until all plants are sold. The sale includes mums in terra cotta pots, cabbage and kale plants, and winter pansies. Proceeds benefit the center. Call 410-222-6227 for information.

- Staff members from the Senior Health Insurance Assistance Program, also known as SHIP, at the county Department of Aging and Disabilities, will speak about Medicare Part D open enrollment at 10:45 a.m. Oct. 4 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. Enrollment period has changed this year and is now Oct. 15 through Dec. 7. Come learn more about what you need to consider for this year's plan. Call 410-222-4464 and ask for SHIP for information.

- A program of fire safety with "Kinder" the K-9 will be held at 12:30 p.m. Oct. 4 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. Kinder and Joe Clawson are a nationally certified Bureau of Alcohol, Tobacco, and Firearms Accelerant Detection K-9 team. Kinder is trained to detect ignitable liquids, which assists fire investigators in determining the cause of an incendiary fire. Kinder and Joe Clawson both worked during the days following 9-11. For information, call the center at 410-222-6227.

- Ryan Helfenbein, a columnist for *Outlook by the Bay* magazine, will present "Ask the Undertaker: Leave Nothing to Chance" at 10:30 a.m. Oct. 5 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. During the presentation, you will uncover some of the common myths regarding pre-planning for funeral services and get answers to your questions. Light refreshments will be served. Call 410-222-6227 for information.

- The county Department of Aging and Disabilities Respite Program will present a Caregiver's Seminar from 5:30 to 7:30 p.m. Oct. 6, 13, and 20 on the topic of dementia and Alzheimer's at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. Mary Fridley, registered nurse and founder of Gero-Resources LLC, will conduct the free workshops. To register, call 410-222-4464 and ask for Mary Chaput.

- Flu and pneumonia shots will be given from 9 a.m. to noon Oct. 6 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton, by Medstar Health. There is a \$30 fee for the flu shot and \$80 for the pneumonia shot. Medicare Part B is accepted. Call 410-222-6227 for information.

- Movies will be shown at noon every Friday in October at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. The schedule includes "Company Men" on Oct. 7, "Young Victoria" on Oct. 14, "Calendar Girls" on Oct. 21 and "Somewhere in time" on Oct. 18. Movies are subject to change and are arranged by volunteer Mary Markuski. Call 410-222-6227 for information.

- Kelly Mackall of the county's Recycling Division, will have give-aways, information regarding the county's recycling program, and labels for new and current containers between 11 a.m. and 1 p.m. Oct. 13 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. She also will have a limited supply of generic plastic bins in white or blue to distribute on a first-come, first-serve basis. Call 410-222-6227 for information.

- The O'Malley Senior Activity Center, 1275 Odenton Road, Odenton, will host a silent auction week, Oct. 17 to Oct. 21. Items up for bid include china, pottery, dish sets, vases, glassware, crystal, gift cards, themed and non-themed gift baskets, purses, jewelry, small quilts, antique items, small furniture, lamps, a child's bike, and odds and ends. You need not be present to win. Volunteers are available to help with the bidding process. Call 410-222-6227 for information.

- Amy Kane and J.J. Beckwith from the county Department of Health's Breast and Cervical Cancer Program, will present a power point program on cancer prevention at 10:45 a.m. Oct. 20 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. The presentation will be followed by an explanation of the program and what services are available for both women and men. A question/answer time is planned. Call 410-222-6227 for information.

- Project Natalie, a jazz band, will perform at 12:30 p.m. Oct. 25 at the O'Malley Senior Activity Center, 1275 Odenton Road, Odenton. Project Natalie is a band of brothers playing music that has gained them a reputation and world respect as jazz players. They have infused the old and new to create a sound all their own. Joe and Lou Natalie formed the group upon arriving in the Washington, D.C., area in 1998. Legends Carl Cornwell, tenor sax, and Bob Butta, piano, have since joined the group. Call 410-222-6227 for information.

The O'Malley Senior Activity Center is one of seven senior centers operated by the Anne Arundel County Department of Aging and Disabilities. Call 410-222-4464 for more information.

- *Making Life Better* -