



## Department of Aging and Disabilities

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For Immediate Release

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### South County Senior Center activities announced

Annapolis, MD (July 26, 2012) –The South County Senior Activity Center, 27 Stepneys Lane, Edgewater, has announced four activities during the month of August.

- Bob Stevenson, an associate of the Annapolis Maritime Museum, will present a program on the history of the Chesapeake Bay lighthouses and the needs for navigation. The program will be at 10 a.m. Aug. 16 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. For information, call 410-222-1927.

- Home Instead Senior Care will present a workshop, “Answering the Call,” which focuses on what to do when you get the call that your loved one is headed to the Emergency Room or when a medical situation arises and you are headed to a doctor’s office. It is critical to have your medical information ready and accessible. The workshop, which will help one to prepare for these situations, will be at 10 a.m. Aug. 18 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. Call 410-222-1927 for information.

- A program, “Personal Safety,” will be at 10 a.m. Aug. 23 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. When you are at home, out shopping, or anywhere in the community, you need to be aware of your surroundings at all times. Anne Arundel County Police Cpl. Jimmy Miller will help you to brush up on being tuned into what’s happening around you. He also will share the latest news and ideas for remaining safe. Call 410-222-1927 for information.

- On Aug. 31 at 12:30 p.m. at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater, John Cumins will present “Do You Hear What I Hear?” He’ll provide information on hearing loss, symptoms, and help that is available. The new Hearing Center at Sam’s Club will offer free hearing screenings to both Sam’s Club members and non-members. Call 410-222-1927 for information.

The South County Senior Activity is one of seven senior centers in the county operated by the Anne Arundel County Department of Aging and Disabilities.

- *Making Life Better* -