



**County Executive John R. Leopold**

**Department of Aging and Disabilities**

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For immediate release

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### **South County Center announces July activities**

Annapolis, MD (June 29, 2011) – The schedule of activities for July has been announced by the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. These include the following events.

- “Answering the Call” will be presented by Home Instead Senior Care at 10 a.m. July 7 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. The workshop will focus on what to do when you get the call that your loved one is headed to the Emergency Room or when a medical situation arises and you are headed to the doctor’s office. It’s critical that you have your medical information ready and accessible. The workshop and tool kit will help you to prepare for these situations. For information, call the center at 410-222-1927 or 410-798-4802.

- Ryan Helfenbein of Lasting Tributes Funeral Care will present “Ask the Undertaker – Considering Cremation?” at 10 a.m. July 12 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. The rise in popularity of cremation may raise a multitude of questions for the average consumer. Choices not only encompass services but merchandise as well. This educational presentation will provide insight into options available today. Light refreshments will be served. For information, call the center at 410-222-1927 or 410-798-4802.

- Grandparents’ Day is set for 10 a.m. to 2 p.m. July 13 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. Members can bring their grandchildren and enjoy the fun. “Echoes of Nature” will present a program on “Animals Around the World.” Children under the age of 5 will not be permitted to touch the live reptiles and amphibians. All participants must wash their hands after the program.

The center will have lunch for the children, hot dogs and chips, and will make ice cream sundaes. Participants can play some fun games and pair up for karaoke.

For information, call the center at 410-222-1927 or 410-798-4802.

- Meet personally with Paulette Thompson registered dietitian, from noon to 1:30 p.m. July 14 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. During “The Dietitian is IN,” you can ask any questions regarding food, nutrition, diets, etc., on a

first come, first served basis. For information, call the center at 410-222-1927 or 410-798-4802.

- Come to the Christmas in July sale between 9 a.m. and 1 p.m. July 15 at the South County Senior Activity Center, 27 Stepneys Lane, Edgewater. The sale will have decorations and gifts galore as participants get a jump on the holidays. For information, call the center at 410-222-1927 or 410-798-4802.

The South County Senior Activity Center is one of seven operated by the Anne Arundel County Department of Aging and Disabilities. For information on the department and its programs, call 410-222-4464, visit the website at [www.aacounty.org/aging](http://www.aacounty.org/aging), e-mail [info\\_and\\_assistance@aacounty.org](mailto:info_and_assistance@aacounty.org), or check out [facebook.com/arundelseniors](https://facebook.com/arundelseniors).

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