



County Executive John R. Leopold

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For Immediate Release

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Brooklyn Park Center announces July activities

Annapolis, MD (June 29, 2011) – The schedule of activities for July at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park, have been announced. The events are as follows.

- Farmers' Market checks will be distributed from 9 to 11 a.m. July 6 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. A representative from the Anne Arundel County Department of Aging and Disabilities will distribute them. Proof of eligibility will be required. For more information, call the department's Maryland Access Point/Information and Assistance office at 410-222-4257.

- Chefs on the Go will feature a quick Italian meal for the summer with instruction from 10 to 11:30 a.m. July 11 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. Start with bruschetta with sun dried tomatoes on Italian bread, followed by the entre of pasta and peas – pasta paselli – with sautéed onions and Parmesan cheese. Finish with a green salad topped with a summer dressing. Participants will watch as the food is prepared, sample the dishes, and receive copies of each recipe. The cost is \$3 and you must pre-register as space is limited. Call 410-222-6847 or visit the center welcome desk for information.

- Morning Bingo is set for 9 to 10:30 a.m. July 12 and July 20 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. Participants are invited to bring in a wrapped prize to be won playing bingo. The center's advisory group will supply some additional bingo prizes. Call 410-222-6847 or visit the center welcome desk for information.

- Sing Along with John Norfolk from 10 to 11:30 a.m. July 15 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. He'll entertain on the keyboard. Members are invited to join in and sing along, dance, or just sit back and enjoy the variety of musical melodies. Call 410-222-6847 or visit the center welcome desk for information.

- The Ice Cream Social Day is planned for noon July 19 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. Sodas can be made with one quart of cold club soda and one pint of ice cream which makes four servings. Bring in a favorite flavoring such as vanilla, licorice, mango, or cocoa. The ice cream soda was invented in 1874. Call 410-222-6847 or visit the center welcome desk for information.

- Learn the signs, symptoms, and the way to prevent heat stroke at a 30-minute program from 10:30 to 11 a.m. July 25 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. Heat stroke is a life-threatening condition that occurs when body temperature gets too high. For information, call 410-222-6847 or visit the center welcome desk.

- A Garlic Cooking Contest is set for 10 to 11 a.m. July 27 at the Brooklyn Park Senior Activity Center, 202 Hammonds Lane, Brooklyn Park. Show off your favorite garlic dish and recipe. The only rule is that garlic must be an ingredient. No professional cooks, please! Call 410-222-6847 or visit the center welcome desk for information.

The Brooklyn Park Senior Activity Center is one of seven senior centers operated by the Anne Arundel County Department of Aging and Disabilities. For information on the department and its programs, call 410-222-4464, visit www.aacounty.org, e-mail info_and_assistance@aacounty.org, or check out [facebook.com/arundelseniors](https://www.facebook.com/arundelseniors).

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