



Department of Aging and Disabilities

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For Immediate Release

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Winter Workshops Announced for “The Future is Now! Are You Ready?” Series

Annapolis, MD (Dec. 9, 2010) – Five new workshops will be presented this winter in the free series entitled “The Future is Now! Are You Ready?” by the Anne Arundel County Department of Aging and Disabilities.

Carol Clemmens of the Department’s Housing Program will discuss “Housing Options in Anne Arundel County.” Her workshop, which will define the different types of housing available in the county for seniors, is set for 6:30 to 8:30 p.m. Jan. 5 at the Arnold Senior Activity Center, 44 Church Road, Arnold.

Marjorie Cotterman, a registered nurse, will speak on “When Your Loved One Can No Longer Live Alone.” The presentation will cover the decision-making and transition process for a family member who is no longer able to live independently. It will be held from 6:30 to 8:30 p.m. Jan. 19 at the Arnold Senior Activity Center, 44 Church Road, Arnold.

Robert Bohan, attorney, will talk about “Estate Planning Issues” such as wills, powers of attorney, advance medical directives, and trusts. New this year will be a review of the impact of Maryland’s new Power of Attorney for Financial Affairs Act. The workshop will be from 6:30 to 8:30 p.m. March 2 at the Pascal Senior Activity Center, 125 Dorsey Road, Glen Burnie.

Robert Ready, whose background is in mortgages, will discuss “Too Good to Be True? Reverse Mortgages, an Often Misunderstood Program.” His talk, which also will address when a reverse mortgage may not be appropriate, is from 6:30 to 8:30 p.m. March 16 at the Pascal Senior Activity Center, 125 Dorsey Road, Glen Burnie.

Amy Rubino, director of the Department’s Senior Health Information Program, will speak on “Will Somebody Please Explain What Medicare Covers?” She will answer questions about the puzzle of Medicare Parts A, B, C, and D. Her workshop is from 6:30 to 8:30 p.m. March 30 at the Pascal Senior Activity Center, 125 Dorsey Road, Glen Burnie.

The workshops are sponsored by Kris-Leigh Assisted Living and Maxim Healthcare Services. The Department does not endorse any particular vendor or business. To register for the free workshops, go online to www.aacounty.org/aging; scroll to the caregiving section, or call 410-222-4464, Ext. 3094. Anyone requiring accommodations should contact Dee Sharp at 410-222-4464, Ext. 3094, at least seven days in advance of the workshop. TTY users should call via Maryland Relay 7-1-1.