

### DIABETES SUPPORT GROUP

Joslin Diabetes Center at BWMC  
300 Hospital Drive, Suite 119  
Glen Burnie, MD 21061  
Verna Prince, 410-787-4949  
3<sup>rd</sup> Wednesday, 5:30-7:00 PM

Adult Diabetes Support Group at AAMC  
Sajak Pavilion, 2nd Floor  
For dates & time, call 443-481-4000

Insulin Pump Club at AAMC  
Sajak Pavilion, 2nd Floor  
For dates & time, call 443-481-4000

### BRAIN INJURY SUPPORT GROUP

Mary T. Maryland/Life Quest Bldg  
820 Ritchie Highway  
Severna Park, MD 21146  
Debbie Cottrill, 410-956-0014  
3<sup>rd</sup> Tuesday, 7:00-8:30 PM  
*(caregivers welcomed)*

### PARKINSON'S SUPPORT GROUP

Elks Lodge  
160 Truckhouse Road  
Severna Park, MD 21146  
Ralph Luther, 410-360-9480  
Last Tuesday, 12:00 – 2:00 PM  
(can bring bag lunch)

13213 Oystercatcher Lane  
Bowie, MD 20720  
Carter Rardon, 301-412-0835  
4<sup>th</sup> Monday, 10:00 AM

Anne Arundel County

## COMMUNITY SUPPORT GROUPS



Anne Arundel County  
Department of Aging and Disabilities  
2666 Riva Road, Suite 400  
Annapolis, MD 21401

### CAREGIVER SUPPORT GROUPS

Seton Parish Church  
1800 Seton Drive  
Crofton, MD 21114  
Mary Fridley, 443-949-8216  
1<sup>st</sup> Tuesday, 7:00 PM

The Tate Center at BWMC  
305 Hospital Drive  
Glen Burnie, MD 21061  
Courtnee Tate, 410-787-4367  
2<sup>nd</sup> Wednesday, 10:00-11:00 AM

Anne Arundel Co. Department of Aging & Disabilities  
Family Caregiver Support Program  
2666 Riva Road, Suite 400  
Annapolis, MD 21401  
410-222-4464  
3<sup>rd</sup> Tuesday, 1:00-2:30 PM  
*(no meetings during July-August)*

Christian Caregivers Support Group  
Bay Area Community Church  
884 Chesterfield Road  
Annapolis, MD 21401  
Lin Siddon, lksiddon@mac.com  
410-544-2222  
Call/email for dates and times

### BOWEL & URINARY DIVERSION SUPPORT GROUPS

Anne Arundel Co. Ostomy Association  
Sajak Pavilion, Room 205 at AAMC  
Annapolis, MD 21401  
410-268-6272  
1<sup>st</sup> Thursday, 7:30 PM

### CARDIAC & PULMONARY SUPPORT GROUPS

Anne Arundel Medical Center  
Sajak Building, 2<sup>nd</sup> Floor  
Conference Room #1  
Annapolis, MD 21401  
Dr. Furlow, 443-481-1931  
1<sup>st</sup> Wednesday, 7:30 PM

Internal Cardiac Defibrillator  
Anne Arundel Medical Center  
Sajak Building, 2<sup>nd</sup> Floor  
Conference Room #1  
Annapolis, MD 21401  
443-481-1925 (quarterly, call for details)

Bay Bridge Breathers (Emphysema, chronic  
bronchitis, pulmonary fibrosis)  
Harbor Hospital Life Resource Center  
410-350-3163  
2<sup>nd</sup> Monday, 12:00 noon

### STROKE SUPPORT GROUP

Sajak Pavilion, 2<sup>nd</sup> Floor  
Annapolis, MD 21401  
Nancy Tietge, 410-263-6982  
3<sup>rd</sup> Saturday, 1:00 PM  
(Sept.– May)

Baltimore-Washington Medical Center  
301 Hospital Drive  
Glen Burnie, MD 21061  
Betsy Koerner, 410-787-4576  
2<sup>nd</sup> Tuesday, 6:00 PM (September thru May)

### ALZHEIMER'S SUPPORT GROUPS

Anne Arundel Medical Center  
Sajak Pavilion, Suite 250B  
Annapolis, MD 21401  
410-721-3258  
410-266-3741  
Donna Wharton  
4<sup>th</sup> Tuesday, 7:00 PM

Genesis Elder Care—Severna Park  
24 Truckhouse Road  
Severna Park, MD 21146  
Jodi McCann, 410-544-4220  
2<sup>nd</sup> Monday, 7:00 PM

Morningside House of Friendship  
7548 Old Telegraph Road  
Hanover, MD 21076,  
443-889-4557/410-863-0830  
Nicki Jones  
3<sup>rd</sup> Thursday, 6:00 PM  
(starts in September)

Somerford Place  
2717 Riva Road  
Annapolis, MD 21401  
Gayle Papa, 410-224-7300 x210  
2<sup>nd</sup> Monday, 2:00 PM

St. Paul's Lutheran Church Parish House  
308 Oak Manor Drive  
Glen Burnie, MD 21061  
Marilyn Spletzer, 410-969-9299  
1<sup>st</sup> Thursday, 7:00 PM

Early Stage Memory Loss Group  
Arnold Senior Center  
44 Church Road, Arnold, MD  
Carol Wynn, 410-561-9099  
Call for dates and times

### BEREAVEMENT SUPPORT GROUPS

Changing Focus (*Separation, Divorce or Death of Spouse*)  
Prince of Peace Presbyterian Church  
1657 Crofton Pkwy, Crofton 21114  
Jessica, 410-721-0992  
(Call for days and times)

Widow/Widower Support Group  
Hospice of the Chesapeake  
455 Defense Hwy, Annapolis 21401  
6 week groups  
For days, times & cost, call 410-987-2129

Bereavement Support Group  
Seasons Hospice  
Heritage Harbor Health & Rehab  
2700 South Haven Road, Annapolis  
1st Wednesday, 7:00-8:00 pm  
Register 888-523-6000

Parent Loss Support Group  
Hospice of the Chesapeake  
455 Defense Hwy, Annapolis 21401  
6 week groups  
For days, times & cost, call 410-987-2129

Bereavement Support Group at BWMC  
301 Hospital Drive, 2nd floor  
Glen Burnie, MD 21061  
6 week groups  
For days, times & cost, call 410-987-2129

Phoenix Rising (*a weekend bereavement retreat for grieving teens grades 9-12*)  
Arlington Echo Outdoor Education Ctr  
For dates & cost, call 410-987-2129

Camp Nabi (*a weekend bereavement retreat for grieving children ages 6-13*)  
Arlington Echo Outdoor Education Ctr  
For dates & cost, call 410-987-2129

Stepping Stones for Children  
455 Defense Hwy, Annapolis 21401  
For days, times & cost, call 410-987-2129

### CANCER SUPPORT GROUPS

Cancer Support Group  
377 West Central Ave  
Davidsonville MD 21035  
Charles and Pat Burke, 443-321-2742  
1<sup>st</sup> Monday, 6:00-7:30 PM  
(Caregivers welcome, runs Sept.-May)

Cancer Support Group  
Oncology Conference Room, Donner Pavilion at AAMC  
Annapolis, MD 21401  
Peggy Holston, 443-481-5540  
2<sup>nd</sup> & 4<sup>th</sup> Wednesday, 6:30 PM

Look Good ... Feel Better  
Sajak Pavilion, 2nd Floor at AAMC  
Annapolis, MD 21401  
410-721-4304  
1<sup>st</sup> Monday, 6:30-8:00 PM

Man-to-Man Prostate Cancer Support Group  
The Tate Center at BWMC  
305 Hospital Drive  
Glen Burnie, MD 21061  
Courtnee Tate, 410-553-8129  
2<sup>nd</sup> Monday, 6:30-7:30 PM

Prostate Cancer Support Group  
Clatanoff Auditorium at AAMC  
Annapolis, MD 21401  
443-481-5599  
1<sup>st</sup> Monday, 6:30 PM

Lung Cancer Support Group  
Clatanoff Auditorium at AAMC  
Annapolis, MD 21401  
Teresa Putscher, RN and Amy Tisiere, LCSW-C,  
443-481-5830  
4<sup>th</sup> Tuesday, 6:30-7:30 PM

Breast Cancer Support Group  
The Tate Center at BWMC  
305 Hospital Drive  
Glen Burnie, MD 21061  
Courtnee Tate, 410-787-4367  
1<sup>st</sup> and 3<sup>rd</sup> Tuesday, 6:30-7:30 PM

### CANCER SUPPORT GROUPS

Moving Forward (*for women diagnosed with breast cancer, their family & friends*)  
Breast Center, Sajak Pavilion #120 at AAMC  
Annapolis, MD 21401  
Teece Nowell, 443-481-4289  
1<sup>st</sup> Wednesday, 6:30-8:00 PM

METAvivors (*for women with metastatic breast cancer*)  
AAMC, Annapolis, MD 21401  
Dian Corneliusen-James, 443-481-5357

The Pink Cottage (*a breast cancer survivor support group*)  
AAMC, Annapolis, MD 21401  
Kim Prather, 443-379-0039  
www.pinkcottage.org

Survivors Offering Support  
AAMC, Annapolis, MD 21401  
To become a mentor, or request a mentor, call  
443-481-5305.

Transition to Wellness Workshop  
(*for women ending breast cancer treatment & entering life beyond cancer*)  
Sajak Pavilion, 2nd floor at AAMC  
Annapolis, MD 21401  
443-481-5305  
Last Monday, 6:00 PM

Sister 2 Sister (*for minority women diagnosed with breast cancer*)  
Sajak Pavilion, Room 120 at AAMC  
Annapolis, MD 21401  
443-481-4289  
1<sup>st</sup> Monday

Breast Cancer Spouses/Partners  
AAMC Sajak Pavilion  
443-481-5318 (call for details)  
2<sup>nd</sup> Wednesday, 7:30 pm