



Program Background & Goals

The enactment of the Older Americans Act Amendments of 2000 (Public Law 106-501) established an important new program, *The National Family Caregiver Support Program (NFCSP)*. The program calls for all states, working in partnership with area agencies on aging and local community-service providers to have five basic services for family caregivers. These services include:

- **Information** to caregivers about available services and resources;
- **Assistance** to caregivers in gaining access to services;
- Caregiver **Education** through individual counseling, support groups, and training to caregivers in making decisions and solving problems related to their caregiving roles;
- **Respite** care to enable caregivers to be temporarily relieved from caregiver responsibilities;
- **Supplemental services**, on a limited basis, to complement care provided by the caregiver.

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Other Department of Aging and Disability Programs:

- Senior Information and Assistance
- Adult Evaluation and Review Service (AERS)
- Foster Grandparents
- Handy Cab Program
- Senior Centers & Senior Center Plus
- Respite Care Referral Program
- Retired and Senior Volunteer Program (RSVP)
- Medicaid Waiver Program
- Community Care Partnership
- Friendly Visitors Program
- Senior Housing Assistance
- Adult Public Guardianship
- Senior Legal Assistance
- Long-Term Care Ombudsman
- Senior Nutrition Program
- Telephone Reassurance
- Van Transportation
- Pets on Wheels/MOM AND ME
- Senior Health Insurance Assistance Program (SHIP)
- Senior Medicare Patrol (SPM)
- Medical Assistance Personal Care Program (MAPCP)
- Carrier Alert
- Disabilities Information & Awareness Line

NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM



DEPARTMENT OF AGING
AND DISABILITIES

410-222-4464

Providing information,
respite, and support to people
who give care to family and
friends.

Support Services

- Monthly Support Groups
- Educational Workshops
- Quarterly Newsletter
- Annual Caregivers' Conference
- Annual Wellness Day for Caregivers
- Stipends to assist with respite care or supplemental services
- Caregiver Website (aacounty.org/Aging/seniorsFamilies/NatFamCare.cfm)
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When funds are available, the National Family Caregiver Support Program provides financial assistance to caregivers to pay for respite care or supplemental services. This assistance is meant to enhance existing support programs and should be for the **caregiver's** benefit. Monies may be paid directly to you or to the provider to pay for supplemental services.

The Older Americans Act Amendments of 2000 (Public Law 106-501) require priority consideration to persons in greatest social and economic need, with particular attention to low-income individuals and older individuals providing care and support to persons with mental retardation and related developmental disabilities.

care•giver 1. A person who assists a sick or disabled person. 2. A person who attends to the needs of a child or dependent adult..



Grant Eligibility*

Persons eligible for a Family Caregiver Grant:

- An unpaid caregiver of an adult who is at least 60 years old who needs help with two or more activities of daily living (ADL). *(There must be an AERS evaluation for the care recipient on file with the Anne Arundel County Department of Aging & Disabilities.)*
- A grandparent or relative caregiver, age 55 years or older, who is the sole caregiver of a child 18 years of age or younger.
- The person you are caring for must be a resident of Anne Arundel County.

* Grant award based on availability of funds

Information, Workshop and Conference Registration & Stipend Application

For more information on Anne Arundel County's Family Caregiver Program's support services and grants:

- call us at **410-222-4464, ext. 3043**
- email us at **caregiver_support@aacounty.org**
- or visit our website at **<http://www.aacounty.org/Aging/seniorsFamilies/NatFamCare.cfm>**

If the person you care for is enrolled in a program that has a case manager, you may request assistance through the case manager.

Please note: You will be required to submit a W-9 form and a Funds Acknowledgement form before a request for respite care can be processed and payment disbursed. Upon receipt of these forms, payment will be issued in approximately 4-6 weeks.

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