



MARCH 2010 MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Grape Juice Pork Ribette Rice California Blend Veg. Wheat Bread Pineapple Tidbits	2 Tossed Salad Chili Cornbread Piña Colada Delight	3 Minestrone Soup Meatloaf/Gravy Mashed Potatoes Pickled Beets Rye Bread Applesauce	4 Cran Salsa Sliced Turkey/Gravy Au Gratin Potatoes Peas Pumpernickel Bread Sliced Peaches	5 Lentil Soup Chicken Tarragon Carrots Dixie Slaw Dinner Roll Sliced Pears
8 Orange Juice Spaghetti/Meat Sauce Zucchini Whole Wheat Bread Sliced Apples	9 Split Pea Soup BBQ Chicken Macaroni Salad Cauliflower Rye Bread Banana	10 Apple Juice Roast Beef/Gravy Mashed Potatoes Kale Pumpernickel Bread Apricot Halves	11 Navy Bean Soup Mac/Ham/Cheese Dilled Carrots Dinner Roll Apple Delight	12 Veg. Barley Soup Seafood Salad Potato Salad Pickled Beets Potato Roll White Cake w/ Strawberry Drizzle
15 Seven Bean Salad Sliced Turkey/Gravy Mashed Swt Potatoes Cauliflower Pumpernickel Bread Stewed Fruit	16 Vegetable Soup Knockwurst Baked Beans Confetti Slaw Hot Dog Roll Orange	17 Holiday Meal! Mar. Veg. Salad Corned Beef O'Brien Potatoes Steamed Cabbage Rye Bread Lime Pear Gelatin	18 Potato Soup Chicken Marengo Scandinavian Veg. Mar. Green Beans Wheat Bread Mandarin Oranges	19 Broccoli Salad Stuffed Pepper Mashed Potatoes Rye Bread Mixed Fruit Cup
22 Split Pea Soup Hamburger Patty Dixie Slaw Carrots Sandwich Roll Mandarin Oranges	23 Mar. Cucs & Onions Chicken Diablo Oven-Browned Potatoes Turnip Greens Whole Wheat Bread Sliced Pears	24 Health Salad Meatballs/Marinara Italian Vegetables Mini Sub Roll Pineapple Tidbits	25 Fresh Tomato Soup Pulled Chicken BBQ Macaroni Salad Broccoli Salad Potato Roll Apricot Halves	26 Lentil Soup Tuna Salad w/LTO Oriental Blend Veg. Wheat Bread - 2 Sliced Peaches
29 Mar. Cucs & Onions Honey Mustard Chicken Broccoli Potato Roll Citrus Fruit Cup	30 Navy Bean Soup Baked Ham Mashed Swt Potatoes Confetti Slaw Rye Bread Stewed Fruit	31 Cream of Celery Soup Pork Chop/Gravy Green Beans Veg. Pasta Salad Marble Rye Applesauce	<p>"Lunch is served daily with fun and friendship!" Please give generously towards the \$4.22 cost of each meal. Persons under the age of 60 must pay full price for their meal. Please reserve or cancel your meal by calling your Senior Nutrition Site Aide. Thank you! (Menu is subject to change.)</p>	