



Anne Arundel County

COMMUNITY SUPPORT GROUPS

Anne Arundel County Department of Aging & Disabilities

- Information & Assistance (I&A)
- Adult Evaluation & Review Service (AERS)
- Adult Public Guardianship
- Community Care Partnership
- Disabilities Information
- Long-Term Care Ombudsman
- Medical Assistance Personal Care Program (MAPCP)
- Medicaid Waiver Program
- National Family Caregiver Support Program (NFCSP)
- Respite Care Referral Program (RCRP)
- Retired & Senior Volunteer Program (RSVP)
- Senior Health Insurance Assistance Program (SHIP)
- Senior Activity Centers
- Senior Center Plus
- Senior Housing Assistance
- Senior Legal Assistance
- Senior Medicare Patrol (SMP)
- Senior Nutrition Program
- Van Transportation
- Volunteer Programs
 - ◆ Foster Grandparents
 - ◆ Friendly Visitors Program
 - ◆ Telephone Reassurance
 - ◆ Pets on Wheels/Mom & Me

410-222-4257

1-800-492-2499

www.aacounty.org/aging



Anne Arundel County
Department of Aging and Disabilities
2666 Riva Road, Suite 400
Annapolis, MD 21401

Revised: March 2012

CAREGIVER SUPPORT GROUPS

Anne Arundel Co. Department of Aging & Disabilities
Family Caregiver Support Program
410-222-4464 ext 3043
2666 Riva Road, Suite 400, Annapolis: 3rd Tuesday, 1:00-2:30 PM
125 Dorsey Road, Glen Burnie: 2nd Wednesday, 1:00-2:30 PM
For Men Only: 44 Church Road, Arnold: 2nd Tuesday, 6:30-8:00 pm
(no meetings during July-August)

Seton Parish Church
1800 Seton Drive, Crofton
Mary Fridley, 443-949-8216
1st Tuesday, 7:00 PM

The Tate Center at BWMC
305 Hospital Drive, Glen Burnie
Courtnee Tate, 410-787-4367
2nd Wednesday, 10:00-11:00 AM

ALZHEIMER'S SUPPORT GROUPS

Anne Arundel Medical Center
Health & Science Bldg., 7th Floor, Annapolis
Ed Parker, 410-544-8483
4th Tuesday, 7:00 PM

Genesis Elder Care—Severna Park
310 Genesis Way, Severna Park
Jodi McCann, 410-544-4220 or Lynn Hubner-Brown, 410-431-8947
2nd Monday, 7:00 PM

Somerford Place
2717 Riva Road, Annapolis
Gayle Papa, 410-224-7300 x210
2nd Monday, 2:00 PM

St. Paul's Lutheran Church Parish House
308 Oak Manor Drive, Glen Burnie
Marilyn Spletzer, 410-969-9299
1st Thursday, 7:00 PM

Alzheimer's Support Groups Continued →

PARKINSON'S SUPPORT GROUP

Elks Lodge
160 Truckhouse Road, Severna Park
Ralph Luther, 410-360-9480
4th Tuesday, 12:00 – 2:00 PM
(lunch provided)

14900 Health Center Drive, Bowie
Carter Rardon, 301-412-0835
4th Monday, 10:00 AM

BOWEL & URINARY DIVERSION SUPPORT GROUP

Anne Arundel Co. Ostomy Association
AAMC Doran Institute, Health Science Pavilion, Annapolis
443-481-5508
1st Thursday, 7:30 PM

YOUNG APHASIA COMMUNICATION GROUP

Judith Crane, 410-987-1303
2nd Wednesday, 6:00 PM

MYASTHENIA GRAVIS SUPPORT GROUP

Baltimore Washington Medical Center
Padussis Conference Room
866-437-2881 or Lynn Waltz, 410-437-1157
1st Saturday, 10:00 AM

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

For information on support groups, call 410-884-8691

Note:
AAMC: Anne Arundel Medical Center
BWMC: Baltimore Washington Medical Center

CANCER SUPPORT GROUPS (CONTINUED)

Sister 2 Sister (*for minority women diagnosed with breast cancer*)
AAMC Sajak Pavilion, Room 120, Annapolis
Carlette Allen: 443-481-4289 or 443-481-4000
1st Monday

Breast Cancer Spouses/Partners
AAMC Sajak Pavilion, Annapolis
443-481-5318 (call for details)
2nd Wednesday, 7:30 pm

STROKE SUPPORT GROUP

Anne Arundel Medical Center
Sajak Pavilion, 7th Floor, Annapolis
Nancy Tietge, 410-263-6982
3rd Saturday, 1:00 PM (Sept.– May)

Baltimore-Washington Medical Center
301 Hospital Drive, Glen Burnie
Betsy Koerner, 410-787-4576
2nd Tuesday, 6:00 PM (September thru May)

CARDIAC & PULMONARY SUPPORT GROUPS

Anne Arundel Medical Center
Health Science Building, 7th Floor, Annapolis
Dr. Furlow, 443-481-1931
1st Wednesday, 7:30 PM

Internal Cardiac Defibrillator at Anne Arundel Medical Center
Sajak Building, 2nd Floor, Conference Room #1, Annapolis
443-481-1925 (quarterly, call for details)

Bay Bridge Breathers (Emphysema, chronic bronchitis, pulmonary fibrosis)
Harbor Hospital Life Resource Center, Baltimore
410-350-8255
2nd Monday, 12:00 noon

ALZHEIMER'S SUPPORT GROUPS (CONTINUED)

Early Stage Memory Loss Group
Woods Presbyterian Church, Severna Park
Carol Wynn, 410-561-9099
Call for dates and times

BEREAVEMENT SUPPORT GROUPS

Changing Focus (*Separation, Divorce or Death of Spouse*)
Prince of Peace Presbyterian Church, 1657 Crofton Pkwy, Crofton
Jessica, 410-721-0992
(Call for days and times)

Widow/Widower Support Group—Hospice of the Chesapeake
455 Defense Highway, Annapolis
6 week groups
For days, times & cost, call 410-987-2129

Parent Loss Support Group—Hospice of the Chesapeake
455 Defense Hwy, Annapolis
6 week groups
For days, times & cost, call 410-987-2129

Bereavement Support Group at BWMC
301 Hospital Drive, Lab Conference Room, Lower Level, Glen Burnie
6 week groups
For days, times & cost, call 410-987-2129

Phoenix Rising (*a weekend bereavement retreat for grieving teens grades 9-12*)
Arlington Echo Outdoor Education Center
For dates & cost, call 410-987-2129

Camp Nabi (*a weekend bereavement retreat for grieving children ages 6-13*)
Arlington Echo Outdoor Education Center
For dates & cost, call 410-987-2129

Stepping Stones for Children
455 Defense Hwy, Annapolis
For days, times & cost, call 410-987-2129

DIABETES SUPPORT GROUP

University of Maryland Center for Diabetes & Endocrinology
300 Hospital Drive, Suite 119, Glen Burnie
Verna Prince, 410-787-4949
3rd Wednesday, 5:30-7:00 PM

Adult Diabetes Support Group at AAMC
Sajak Pavilion, 2nd Floor, Annapolis
For dates & time, call 443-481-4000

Insulin Pump Club at AAMC
Sajak Pavilion, 2nd Floor, Annapolis
For dates & time, call 443-481-4000

BRAIN INJURY SUPPORT GROUP

Mary T. Maryland/Life Quest Bldg
820 Ritchie Highway, Severna Park
Debbie Cottrill, 410-956-0015
3rd Tuesday, 7:00-8:30 PM
(caregivers welcomed)

CANCER SUPPORT GROUPS

Cancer Support Group
Oncology Conference Room, Donner Pavilion at AAMC, Annapolis
Peggy Holston, 443-481-5540 or 443-481-4000
2nd & 4th Wednesday, 6:30 PM

Look Good ... Feel Better
Sajak Pavilion, 2nd Floor at AAMC, Annapolis
410-721-4304 or 443-481-4000
1st Monday, 6:30-8:00 PM

Man-to-Man Prostate Cancer Support Group
The Tate Center at BWMC, 305 Hospital Drive, Glen Burnie
410-553-8129
2nd Monday, 6:30-7:30 PM

Cancer Groups Continued →

CANCER SUPPORT GROUPS (CONTINUED)

Prostate Cancer Support Group
Health Science Building, 7th floor, AAMC, Annapolis
443-481-5599 or 443-481-4000
1st Monday, 6:30-8:00 PM

Lung Cancer Support Group
Donner Pavillion 1st Floor, AAMC, Annapolis
443-481-5830 or 443-481-4000: Teresa Putscher, RN and Amy Tissiere, LCSW-C
4th Tuesday, 6:30-7:30 PM

Breast Cancer Support Group
The Tate Center at BWMC, 305 Hospital Drive, Glen Burnie
Debbie Russell, 410-553-8131
1st and 3rd Tuesday, 6:30-7:30 PM

Moving Forward *(for women diagnosed with breast cancer, their family & friends)*
AAMC Health Science Pavillion, Suite 200, Annapolis
Teece Nowell, 410-966-2619 or 443-481-4000
1st Wednesday, 6:30-8:00 PM

METAvivors *(for women with metastatic breast cancer)*
AAMC, Annapolis, MD
Dian Corneliussen-James, 410-353-3733
(for stage 4 Breast Cancer only, women and men both welcome)
3rd Tuesday 10:30 and 1st Thursday afternoon (call for details)

Survivors Offering Support
AAMC, Annapolis
Denise O'Neill
E-mail: doneill@hcgh.org
To become a mentor, or request a mentor, call 443-481-5305.

Transition to Wellness Workshop
(for women ending breast cancer treatment & entering life beyond cancer)
AAMC Health Science Building, Suite 200, Annapolis
443-481-5305
Last Monday, 6:00-8:00 PM

Cancer Groups Continued →