

BROOKLYN PARK SENIOR CENTER

WINTER 2010 CLASSES

Classes listed in ***BOLD and ITALICS*** are free. All classes require registration. Registration begins on Monday, October 26, 2009. Please register as soon as possible to avoid cancellation of classes.

MONDAY						
Class	STARS #	Time	Instructor	Location	Dates	Sessions
Google Tools	15321	9:00 – 11:00	S. Shin	Computer Lab	1/11 – 3/22	10
Computer Awareness	15313	12:30 – 2:30	S. Shin	Computer Lab	1/11 – 3/22	10
HLOA: Adaptive PE Armchair Exercise	10766	10:00 – 11:00	TBA	Exercise Room	1/11 – 3/22	10
<i>Bingo</i>		<i>12:30 – 2:00</i>	<i>Volunteer</i>	<i>Multi-purpose room</i>	<i>Ongoing</i>	<i>Ongoing</i>
TUESDAY						
Class	STARS #	Time	Instructor	Location	Dates	Sessions
Google Tools		9:30 – 11:30	B. Herrick	Computer Lab	1/12 – 3/16	10
HLOA: Exercise: Aerobics Tu/Thr	15047	10:00 – 11:00	T. Oswald	Exercise room	1/12 – 3/18	20
<i>Weight Training</i>		<i>12:30- 1:30</i>	<i>Volunteer</i>	<i>Parks & Rec</i>	<i>Ongoing</i>	<i>Ongoing</i>
HLOA:Yoga Tu/Thr	15050	12:30-1:30	S. Harty	Exercise room	1/12 – 3/18	20
Power Point for Windows I (Korean)	15531	1:00-3:00	J. Kim	Computer Lab	1/12 – 3/16	10
HLOA: Pilates Tu/Thr	15053	1:30-2:30	S. Harty	Exercise room	1/12 – 3/18	20
HLOA: Line Dance	15046	5:30 – 7:30	K. McIntyre	Multi-purpose	1/19 – 3/23	10
WEDNESDAY						
Class	STARS #	Time	Instructor	Location	Dates	Session
HLOA: Exercise: Fun & Fitness	15064	9:30-10:30	D. Cadden	Exercise room	1/13 – 3/17	10
<i>ESL</i>		<i>9:30-11:30</i>	<i>TBA</i>	<i>Craft room</i>	<i>1/13 – 3/17</i>	<i>10</i>
Microsoft Word Level I	15178	12:00 – 2:00	W. Gardiner	Computer Lab	1/13 – 3/17	10
DeskTop Publishing	15535	2:30 – 4:30	W. Gardiner	Computer Lab	1/13 – 3/17	10
Fundamentals of Music	15095	12:30 – 2:30	J. Yoon	Craft Room	1/13 – 3/17	10
HLOA: Line Dance	15055	12:00-2:30	K. McIntyre	Exercise room	1/120 – 3/24	10
<i>Weight Training</i>		<i>12:30 – 1:30</i>	<i>Volunteer</i>	<i>Parks & Recs</i>	<i>Ongoing</i>	<i>Ongoing</i>

THURSDAY

Class	STARS #	Time	Instructor	Location	Dates	Sessions
HLOA: Exercise: Aerobics Tue/Thr	15047	10:00 –11:00	T. Oswald	Exercise room	1/12 – 3/18	20
HLOA: Yoga Tue/Thr	15050	12:30–1:30	S. Harty	Exercise room	1/12 – 3/18	20
HLOA: Pilates Tue/Thr	15053	1:30–2:30	S. Harty	Exercise room	1/12 – 3/18	20
Intro to the Internet (Korean)	15526	1:00–3:00	J. Kim	Computer Lab	1/14 – 3/18	10

FRIDAY

Class	STARS #	Time	Instructor	Location	Dates	Sessions
<i>Drum Team</i>		<i>8:00 –9:30</i>	<i>Volunteer</i>	<i>Exercise</i>	<i>Ongoing</i>	<i>Ongoing</i>
<i>Traditional Dance</i>		<i>9:30–11:30</i>	<i>Volunteer</i>	<i>Exercise</i>	<i>Ongoing</i>	<i>Ongoing</i>
HLOA: Line Dance	15100	9:30 –11:30	D. Cadden	Park& Rec	1/15 – 3/19	10
HLOA Strength & Stretch	15101	12:30-1:30	K. Schanberger	Exercise	1/15 – 3/19	10
<i>Weight Training</i>		<i>12:30-2:00</i>	<i>Volunteer</i>	<i>Parks & Rec</i>	<i>Ongoing</i>	<i>Ongoing</i>

NEW WINTER 2010 CLASSES OFFERED

<p>Computer Awareness: This class is designed for the beginner student. Explore theory and practical applications needed to operate a personal computer. Cover computer terms, functions, computer hardware, operating systems and application software.</p>	S. Shin	Mondays 12:30 – 2:30
<p>Powerpoint for Windows, Level I (Korean): Create, enhance and print presentation slides. Use the various slide views. Learn to move, copy and edit text, work with proofing tools and insert tables, word art, charts and clip art.</p>	J. Kim	Tuesdays 1:00 – 3:00
<p>Home Desktop Publishing: Learn to digitally create and personalize cards, stationery, invitations, newsletters and flyers using desktop publishing programs such as Microsoft Publisher and Print Shop.</p>	W. Gardiner	Wednesday 2:30 – 4:30