

Senior Nutrition Program 410-222-0256

05/01

Seaweed Soup

Soup

Entree

Sides

Spicy Pork

Kimchi Two Seasoned Vegetables Brown Rice Fruit 05/08

Bean Sprout Soup

Pork Curry

Kimchi Two Seasoned Vegetables Brown Rice Fruit 05/15

Kimchi Radish Soup

Steamed Tilapia

Kimchi Two Seasoned Vegetables Brown Rice Fruit

05/22

Kale Soup

Entree

Soup

Beef Bulgogi

Sides

Kimchi Two Seasoned Vegetables Brown Rice Fruit 05/29

Soybean Soup

Bibimbap

Kimchi Two Seasoned Vegetables Brown Rice Fruit

*Milk/Dairy served with each meal